

Kiosk

Nov. 4 - 21, 2010
THE LEGEND OF SLEEPY HOLLOW
MPC Storybook Theater
Call for times
Info: (831) 646-4213

Fri., Nov. 5
Until 8 PM
FIRST FRIDAY
Pacific Grove Merchants
Brown Bag Promotion
Free & Open to the Public

Sat. Nov. 6
9 AM - 3 PM
Winter Craft Fair
PG Middle School Gym
Benefits Robert H Down School PTA

Sat. Nov. 6
2:00 PM
Pacific Grove Feast of Lanterns
Annual General Meeting
Chautauqua Hall,
Central and 17th

Sat., Nov. 6
10:00 AM - 2:00 PM
Soul Collage Workshop
w/ Cathy Bruno
\$55 (materials included)
Artisana Gallery
309 Forest Ave (831) 655-9775

Sun., Nov. 7
6:30 PM
"Go With the Tide"
A dramatic tutorial about
Ed "Doc" Ricketts
Performed by Howard Burnham
at The Works
667 Lighthouse, PG
774 Wave Street, Monterey
831-915-7523
\$10 door

Tuesday, November 9
6:30 PM
Velvet Coat; the Ragged Luck of
Robert Louis Stevenson
Monterey Public Library
625 Pacific Street, Monterey
831-646-3949
•www.monterey.org/library
RSVP • Free

Wed., Nov. 10
2pm - 7pm
2010 Monterey Bay Green
Building Expo
831.633.WISE
or www.buildingwise.net

Sat., Nov. 13
9am-3pm
St. Mary's Episcopal Church
Annual Holiday Bazaar
Admission is FREE
For more info call 373-4441

Sat., Nov. 13
5:30 pm-8:30 pm
10th Annual Fashion Show Party
at the Inn at Spanish Bay
Info: (831) 373-3304
\$30 per person

Sat., Nov. 13
2:00pm
Lecture: Illuminating Fungi
Chautauqua Hall
831-648-5716 x 17

**Sat., Nov. 13 and
Sun., Nov. 14**
9:00am - 4:00pm
Pacific Grove Rotary
Collectible Sale
570 Lighthouse Ave.
(831) 659-8037
or 644-9079

**Fri., Nov. 12 &
Sat., Nov. 13**
9am-6pm
Big Sur Marathon Health &
Fitness EXPO
FREE to the public.
info@bsim.org
or 831-625-6226

MORE KIOSK PAGE 3

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Friends for Life - Page 8



Neville in November - Page 10



Enter for a chance to win - Page 19



Times

Nov. 5-12, 2010

Pacific Grove Community News

Vol. III, Issue 7

Surf's up — way up

A storm at sea brought high waves to the coast this past week -- but no storm. That may yet happen, but for now it has been blue skies and sunshine.

Photo by
Vince Tuminello



Unofficial election results

Fischer seated, Measure Q fails

By Marge Ann Jameson

Despite garnering a clear majority which any political candidate would envy, Measure Q, at 61.15 percent as of press time, went down to defeat. It needed 66.67 percent to win.

The total votes, which are at this time

unofficial, were 2,827 for and 1,796 against the item.

In November, 2009 Measure J faced similar numbers: 2,747 or 65.91 percent were for the parcel tax measure and 1,421 or 34.09 percent were against it.

A special property tax, Measure Q would have added \$90 per year to single property tax bills and \$45 per unit to commercial property taxes to pay for

Pacific Grove's crippled public library, now struggling to meet the public's needs in only 24 open hours per week.

The entire city council supported the measure. Said council member Bill Kampe, "They really did a class act" referring to the backers of Measure Q. Well and clearly written, the measure

See ELECTION Page 2

Green Building Ordinance passes

By Marge Ann Jameson

Hoping to fend off a state-mandated "green" building ordinance ahead of a January, 2011 deadline, the City of Pacific Grove has adopted a tailor-made version of the state's "Cal Green" program after a few clarifications were made to the second reading of the proposed ordinance. The ordinance will not only beat the state's deadline, but will also meet the U.N. Mayors Climate Protection Agreement, which Pacific Grove signed earlier, and meet requirements of the Urban Environmental Accords. John Kuehl had recommended using U.S. Green Building Council's Leadership in Energy and

Environmental Design (LEED) standards, industry-accepted green building guidelines that have been used all over California. His recommendation was to use the guidelines -- but not to go after LEED certification. And it appears there is a good reason not to cite LEED in the ordinance: architect and past mayor Jeanne Byrne told the council that the U.S.GBC's LEED standard was under fire and facing a lawsuit over its practices, and stands accused of fraud, racketeering, false advertising and more. Byrne asked the council not to tie the ordinance with LEED and avoid any advertising of energy savings with the Green Building Ordinance.

"Unlicensed people are taking over the standards," she said.

See CODE Page 2

Sandy Hamm

Cop log

PG Dog Gone Dog Report

Possible coyote attack

Officer was dispatched to the Forest Lodge area about a dead cat. Upon officer's arrival, the reporting woman showed the officer two rear paws from a domestic cat. The paws were black and had belonged to a domestic short hair cat.

Cat and Dog claim irreconcilable differences

Police were contacted by a woman regarding a cat she can no longer care for. She had taken the cat in but after some time realized her dog and the cat did not get along. She relinquished the cat to PG animal control.

Recidivist Doggy: Big Bad Bichon

Now, this is not the first time this little guy has appeared in the PG Dog Gone Dog Report. Officer was dispatched to the Gate St. area of PG. On arrival the officer picked up a male Bichon. The officer went to the address of the known humans (where the big boy lives) to try to contact them about their habitual runaway. No one was home. He was transported to the city yard pending owner contact.

Now let's refresh, folks. If you have an animal, it is your responsibility to make sure they are cared for and safe. That means keeping them fed, watered, leashed, babysat, or indoors when you are not home (and of course loved). It is not okay to let your dogs run willy-nilly.

The case of the missing election signs or; Someone just got sick of looking at them all.

A woman called in to report that at the intersection of David Ave. and Forest Ave. there were several election signs posted on Country Club Gate property. She said on 10/26/2010 was the last time she had seen the signs; she called Public Works to see if they had picked up the signs and they said they had not. The police have no suspects at this time.

My driveway is not a parking lot

Officer was flagged down by a citizen in front of their residence in the Grove Acre Ave. area. The citizen advised a unidentified vehicle was parked in the driveway of their home, which is currently for sale. The officer did an area check for the owner of the vehicle with negative results. The reporting person requested that the vehicle be cited and would contact police at a later time if additional service was needed.

Mysterious tree topper at large

In the Ridge Rd. area a person called in to report damage to a tree. They advised that a newly planted redwood had approximately one and a half feet broken off of the top of it. The reporting person is a volunteer in the area where numerous trees have been planted over the past two years. The tree stood approximately 7 feet tall prior to damage. The reporting person stated that the tree is healthy and would not be replaced, nor did they believe a value could be determined. The cause of the damage was unknown. (This is PG folks. I think we know what happened.) And he requested that the information be documented.

OOPS

On Forest Ave. in front of City Hall a report came in that the light post had been taken out. A man in a truck misjudged the rear end swing of his truck (*I'd say he did*) and struck a light pole as he tried to enter traffic. No one was injured in the incident. (How long do we think it's going to take to replace it? Will we have to vote on it? Warning: Add this to the adjacent street light that's not working, and you will find there is no light at all now in the block of Forest below Pine Ave. Bring flashlights if you're out at night in that area.)



Which way did he go?

Actually, the driver and his passenger are in the photo, along with three people from Finance, the head of the Recreation Department (later photographed sweeping up glass), and at least two from Upstairs who are peeking out the window. Not pictured are the two firefighters (in turn-outs), the police officer and the two Public Works employees in their orange vests, all of whom combined to make a very crowded scene about a destroyed lamp post in front of City Hall. Photo by Sandy Hamm.

✓ **CODE** From Page 1

After a series of public meetings involving feedback and recommendations from property owners, developers, the Architectural Review Board, the Historic Resource Committee and the Planning Commission, plus the Pacific Grove Green Building Subcommittee, the Green Building Ordinance was drafted to include a number of "Greenpoints" required before a residential project would be issued a building permit.

"It is molded into the needs of the local building industry," said Keuhl.

While there are exemptions, the result will be that Pacific Grove will obtain a higher point threshold on new construction than that of the private sector. And should the City itself undertake any building over 1000 square feet (as one councilmember joked, "sometime in the next millenium") LEED standards — but not necessarily certification — would come into play.

"Most standards are private companies," said council member Bill Kampe. "We need an independent point of reference and LEED seems to be it," he added.

Once it was vetted by City Attorney Dave Laredo to be consistent with the original intent, the ordinance was adopted.

Holiday blood drive to begin

Busy schedules during the holiday season mean fewer people donate blood — at a time when the need is historically high.

To ensure that supply keeps up with demand, Community Hospital of the Monterey Peninsula is launching its annual Gift of Life blood drive on Nov. 13 at Del Monte Center. The holiday drive continues through the end of the year, with mobile blood drives and at the Blood Center in Monterey. More than 800 people took part last year, and the goal is to exceed that number this year.

"We encourage people to give as a gift to the community since all the blood we collect stays here," says Sharon Paddock, supervisor of Community Hospital's Blood Center. "It takes less than one hour of time to donate, but the results are priceless. One pint of blood can save up to three lives."

Donors who give during the Gift of Life campaign will receive a pocket calendar, be entered into drawings for prizes, and be recognized in newspaper advertising about the drive if they desire.

More information on donating, including dates and locations of mobile blood drives, is available online at www.chomp.org. The kick-off drive is from 1-4 p.m. Saturday, Nov. 13 at Del Monte Shopping Center, near the Century Theatre. Appointments to donate at the Blood Center may be scheduled by calling 625-4814, but drop-ins are welcome. Please call for hours.

Winter Craft Fair!

Saturday

November 6th 2010

9am - 3pm

Pacific Grove Middle School Gym

800 Block of Fountain Ave.

Presented by
Robert H. Down
Elementary School PTA



Pacific Grove's Rain Gauge

Data reported by Guy Chaney

Week ending 10/27/10	0.00
Total for the season	1.01
To date last year (2009)	3.04
Wettest year	47.15
during rain year 7/1/97-6/30/98*	
Driest year	9.87
during rain year 7/1/75-6/30/76*	

*Data from <http://www.weather.nps.navy.mil/renard.wx/>

Photo courtesy of www.pacificgrove.com

Gee, who do you think they were rooting for?

The Bookers on Cedar Street left little doubt about who they were cheering for during the World Series. Their Halloween pumpkin said it all.



✓ ELECTION

From Page 1

seemed to meet objections expressed by voters over the older Measure J. The recent measure included a sunset clause, it earmarked the funds solely for the library, and included provisions for those unable to pay.

Apparently it wasn't enough. Though a library summit last spring had established that a parcel tax was the best solution for the library, a minority of voters were not convinced and were able to keep the measure from passing.

Library supporters are regrouping for another try at funding sources. They have already begun working on the establishment of a foundation, similar to the foundations that seem to be rescuing the Pacific Grove Museum of Natural History and the Pt. Piños Lighthouse, both of which were languishing as the city struggled to meet financial obligations. The Museum is now celebrating record attendance and increased numbers of events and special programs.

Riosk

Sat., Nov. 13 deadline

Operation Yellow Ribbon (Monterey) on Nov. 17th. Donations needed for Troops overseas!
All donations are tax deductible.
Info: 831-625-5128

Sun., Nov. 14

2:00pm
Mayflower Presbyterian Church celebrating 100 years
Free organ concert
Info: 831-373-4705

Sun., Nov. 14

7am-11am
Big Sur 1/2 Marathon along Monterey Bay
Monterey and Pacific Grove
info@bsim.org
or 831-625-6226

Now - November 30

"Dabbling"
Quilts by Barbara Hamilton
Back Porch Fabrics
831-375-4453

Ongoing Mondays

Farmer's Market
4 - 7 PM
Central & Grand, Pacific Grove
Info: 831-384-6961

Ongoing Wednesdays

Chautauqua Hall
Samba to live drums 7 - 8 PM

Fridays

Dance Jam
Central & 16th Avenue Info:
freeflowfun@hotmail.com
\$10 Adults • \$5 Kids

Thurs., Nov. 18

7-9 PM
Parent Enrichment Workshop
Raising an Unhurried Child in a Hurried World
Monterey Bay Charter School
1004 David Avenue, Pacific Grove
www.mbcharterschool.org or
831.655.4638

Fri., Nov. 19

7:30 PM
Tempest and Black Irish Band
At Performing Arts Center (Middle School auditorium)
\$20 general, \$10 students
Info: 831.241.2771

Sun., Nov. 21

3:00 PM
"God's Megaphone:
A Tutorial with C.S. Lewis"
Readings from
Mere Christianity, Screwtape and
The Chronicles of Narnia
Performed by Howard Burnham
at Chautauqua Hall, Scout Room
\$10 at the door

Now - Jan. 2, 2011

10 AM - 5 PM • Tues-Sun
Glow: Living Lights
PG Museum of Natural History
831-648-58

We are pleased to help non-profits and community groups publicize upcoming events. Space is limited and first-come, first-served, so please try to get the word to us a week before our press dates, which are Thursdays.

email us at
editor@cedarstreettimes.com
Fax us at
831-324-4745

Please follow our Kiosk format and phone us if you have questions. Thanks!



PACIFIC GROVE MASONIC LODGE #331
Established 1897

2B1ASK1

130 Congress Ave., Pacific Grove CA 93950

Telephone: 831-648-1534



New councilmember Rudy Fischer will be seated in December, 2010.

There are still some 20,000 votes county-wide to be counted, according to Monterey County elections. They expect to have those votes, mostly absentee votes turned in at the last minute, counted by Friday, Nov. 5. There is no way of knowing how many of those votes are from Pacific Grove, but chances of a reversal of the outcome are very slim indeed.

Those margins will likely not make a difference in the outcome of votes for council members, either, where margins were wider.

As of Nov. 5, Mayor Carmelita Garcia, who ran unopposed, gained 3,503 votes.

Incumbents Daniel Miller and Robert Huitt were running for two-year seats. Miller received 2,768 votes and Huitt received 2,742.

Full-term candidates Alan Cohen, with 2,546 votes, and Ken Cuneo, with 2,557 votes, were re-elected to four-year seats. Newcomer Rudy Fischer was also seated, having received 2,209 votes. Richard Ahart received 1,927 votes.

Measure R, which made small changes to the pension reform legislation passed by the city council, received 3,103 yes votes and 1,075 no votes, passing by 74.27 percent to 25.73 percent.

Pacific Grove's former police chief, Scott Miller, brother of council member Dan Miller and also a former council member, was elected Monterey County Sheriff over incumbent Mike Kanalakis. The margin was 32,495 for Miller and 25,484 for Kanalakis.

The election will be certified within 30 days.

Elect **KEN CUNEO** *Paid Political Advertisement*

CUNEO

P.G. CITY COUNCIL

"I appreciate the remarkable community Pacific Grove is and I'll work to preserve its character, enhance our businesses and make the difficult choices necessary to secure our financial future." Ken Cuneo



Thank you!

For A Community That Works Together

Cedar Street Times was established September 1, 2008 and was adjudicated a legal newspaper for Pacific Grove, Monterey County, California on July 16, 2010, and is published weekly at 311A Forest Ave., Pacific Grove, CA 93950. Press deadline is Wednesday, noon. The paper is distributed on Friday and is available at various locations throughout the city as well as by e-mail subscription.

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PGHS Young Writers' Club

Young Writers' Corner

Pens

by Eugenia Wang

I smoke pens like cigarettes
Melt the ink and plastic and breathe in the poison
My lungs are black like they've been written on.

I breathe it out ten times worse,
The smell of burning rubber staying where I hold the grip
And black spit drips down my chin and grays my paper
To stain my hands like cancer.

This is a quaint thought
Written in ink because my mouth is black and stuck together.
I hold a pen between two fingers
Then between my teeth.
I never gave it a second thought.

I smoke pens like cigarettes
Is what I maintain
I supply ink veins supply my brain.

Pacific Grove Farmers' Market

By popular demand, the Museum of Natural History's Native Garden will now be open every 3rd Monday of the month during the Market. Every month, there will be an informative workshop or garden activity free and open to the public.

This month, on November 15 at 5:00 p.m., a Fungi Identification Workshop will take place. Ever wondered what mushrooms are growing in your backyard? Bring in mushrooms, photos and your questions for the fungi experts. Plus, enter your chance to win a basket of fresh Farmers' Market mushrooms & recipes! (Mushrooms provided by Market Vendor, Global Mushroom and are available for purchase.)

Christmas Tree Lighting

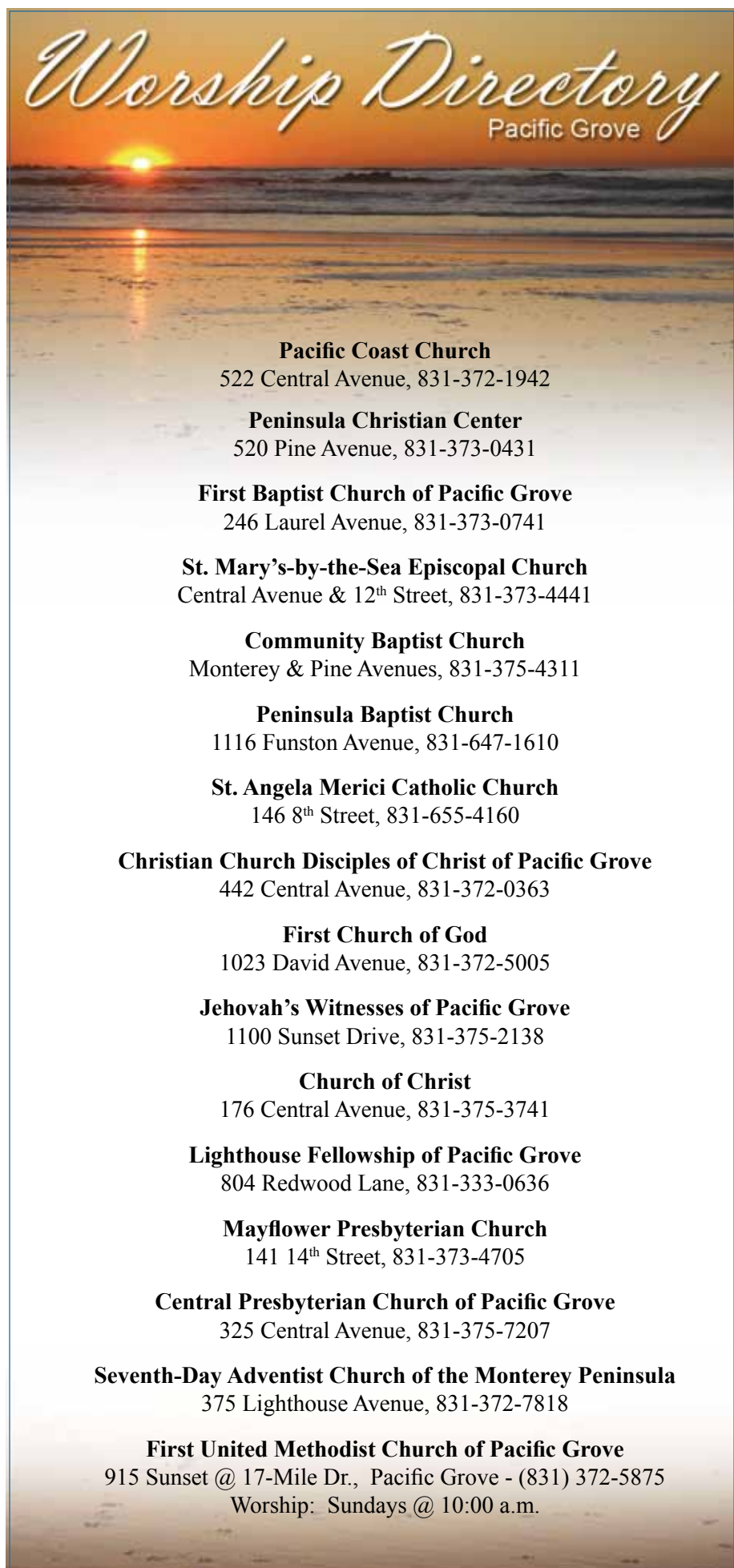
November 29, 5:30 p.m. the City's official Christmas Tree Lighting celebration will be held at Jewell Park, corner of Forest & Central Avenues. Live music by several school groups. For more information call the City at (831) 648-3100 or visit [1]www.ci.pg.ca.us.

Yoga in Jewel Park

Every Monday starting at 5:00 p.m.
Calling one and all: kids, dogs, yoga monkeys, and anyone who wants to play. Join Jennifer Haydu and the gang for some basic yoga warm ups and then learn to fly. Perhaps you have noticed the acroyoga play happening in the park these last couple weeks. Come down and learn a few fun moves. Look for the monkeys on the mats and get in on the action.

Kids Booth Activities

Stop by the kids booth for some fun, fall arts and crafts. All ages are welcome to participate. Activities are lead by Cal. State Monterey Bay, Service Learning students.
11/8/10: Foam Hats
11/15/10: Make-a-Turkey



Worship Directory
Pacific Grove

Pacific Coast Church
522 Central Avenue, 831-372-1942

Peninsula Christian Center
520 Pine Avenue, 831-373-0431

First Baptist Church of Pacific Grove
246 Laurel Avenue, 831-373-0741

St. Mary's-by-the-Sea Episcopal Church
Central Avenue & 12th Street, 831-373-4441

Community Baptist Church
Monterey & Pine Avenues, 831-375-4311

Peninsula Baptist Church
1116 Funston Avenue, 831-647-1610

St. Angela Merici Catholic Church
146 8th Street, 831-655-4160

Christian Church Disciples of Christ of Pacific Grove
442 Central Avenue, 831-372-0363

First Church of God
1023 David Avenue, 831-372-5005

Jehovah's Witnesses of Pacific Grove
1100 Sunset Drive, 831-375-2138

Church of Christ
176 Central Avenue, 831-375-3741

Lighthouse Fellowship of Pacific Grove
804 Redwood Lane, 831-333-0636

Mayflower Presbyterian Church
141 14th Street, 831-373-4705

Central Presbyterian Church of Pacific Grove
325 Central Avenue, 831-375-7207

Seventh-Day Adventist Church of the Monterey Peninsula
375 Lighthouse Avenue, 831-372-7818

First United Methodist Church of Pacific Grove
915 Sunset @ 17-Mile Dr., Pacific Grove - (831) 372-5875
Worship: Sundays @ 10:00 a.m.



**ALAN
COHEN**
PG City Council

The residents of Pacific Grove are a caring and giving community. I believe we are all willing to participate in city activities in order to further improve our quality of life and environment.

Alan Cohen

**Thank you
for your
support!**

**Together, we can make a difference
and improve the quality of life in our town!**

halloween haunts downtown



Left: The Traveling Herzogs: Brad Herzog (left) brought his family in for the library's Haunted House.

Ellen Sweigert (left, in orange) and a friend with green hair welcomed visitors at the library on Oct. 29.

Right: Librarian Linda (believe it or not!) Pagnella.



Below: At Bookmark Music, Steve Baker played Halloween music with Nelson Basden (not pictured).



Below: (L-R) Ellen Gannon, Kelly Potter and Itsuko English greet passers-by at Bratty & Bluhm.

Bottom: (L-R) Lucinda, Sandy, Adrienne and Joanne liven up Artisans Gallery.



Lisa Maddalena (left) and friend at the Haunted House entrance.



Jon Guthrie

High Hats & Parasols

The News ... from 1910.

Jury finds Wilcox not guilty

After a trial lasting more than three months, the jury found Grady J. Willock, a corporal of Company H, Eighth Infantry, Presidio, not guilty. Willock had been charged with the murder of Jose Parara, a Monterey fisherman. The jury, into whose hands the fate of Willock had been placed the day before, was locked in deliberations exactly twenty-four hours before they were able to agree upon a verdict.

The crime for which Willock was tried was committed on the night of Sunday, April 3rd. Willock was paying court to Miss Marie Parara against the wish of Miss Parara's brother, Jose, Parara, a Monterey fisherman, who accused Willock of inducing his sister to go into the rear rooms of Monterey saloons. He forbade Willock to pay further attention to his sister and, three nights prior to the shooting of Jose, the two men had a personal encounter. During this incident, Parara slapped Willock's face and struck him two blows to the body. He concluded his assault by advising Willock that the next time he caught the couple together he would "do Willock grave bodily harm." *

Willock then purchased a revolver before his Sunday night date with Miss Parara. Jose found them out, whereupon he again attacked Willock. The young suitor pulled his revolver and shot Jose.

It was a difficult case to decide, as was evidenced by their long deliberation, but the members of the jury finally determined that the shooting was done in self-defense. The major factor, jury members reported, was that Jose had threatened Grady beforehand. District Attorney Bardin prosecuted. B. A. Herrington defended.

Willock told the press that he planned to complete his tour of duty, withdraw from the military, and return to his home in Kentucky. Because of the shooting, Willock said that he has no plans to continue dating Miss Parara.

New road to Tahoe open

This will come as welcome news to all who have invested in one of the new-fangled auto mobiles. The new road to Lake Tahoe via Auburn and Emigrant Gap has been completed.

Long before the railroad line was laid, this was the road used by the Overland stage line. After the railroad became operational, use of the road dwindled away to almost nothing. It was not kept in good repair and the autoist who tried to follow it could count on his share of headaches. A bill was introduced and passed by the legislature declaring the portion of the old road between Emigrant Gap and Donner Lake a California state highway. During the past two years many thousands of dollars have been expended in putting this road in shape. Since recent completion of work, several touring parties have passed over the road on the way to Lake Tahoe and Reno. Along the way, the road passes through some of the old mining camps from '49. It is one of the loveliest and most interesting drives in the entire state.

Operators are advised to carry extra fuel.

Great Military Tournament set

Jason MacDuff of Tacoma traveled to the Grove to invite members of Young Men's Christian Association affiliation to participate in the Great Military Tournament. These games will take place in the Tacoma high school stadium. MacDuff said that he wished to make it easy for every kojuff within reach of Tacoma to view or compete in the tournament

MacDuff reported that reduced rates for competitors had been arranged for rail transportation. He also stated that many may be kept away because Tacoma has a reputation of being short in housing and it's hard to find a good place to eat. **

Governor Folk at the Grove

Former governor Joseph W. Folk arrived in the Grove today and he spent the greater part of his time after arrival in viewing the beauties of this vicinity. He was taken by auto mobile around the Grove, and then to Pebble Beach where his entourage paused for lunch. Folk stated that his ride around the Pacific Improvement Company's forest reservation was no less that spectacular. The governor was accompanied by his friend John Butler, Superior Court Judge V. V. Sargent, Dr. W. C. Evans, Rev. Thomas Filben, W. W. Gollin, and J. P. Pryor.

Notes from around the area...

- Have Sora feet? Wear Sora shoes and give up the pain. These shoes are manufactured to withstand every sort of weather. Try a pair at Buckingham and Hect Shoe Store.
- J. A. Pell offers its spacious parlor for viewing and services. Ask the operator to connect you with Main 273 and our wagon will immediately call. We are located at 121 Forest Avenue in Pacific Grove.
- Arthur Roberts thanks every one who did for their backing him as Constable of Pacific Grove.
- Lost – A pair of gold-bowed spectacles. Finder please leave at the *Review* office or at the office of Dr. W. B. Grimes, 584 Lighthouse Avenue.

The cost of living...

- Roth-Coney Co. of Pacific Grove is offering Black Cat stockings for women and children. 15¢ per pair.
- Take the Berryessa brand of Bytes peaches for 15¢ a can. Oliver Grocery.
- ^a Special offering on Folger's "Golden Gate" blend of coffee. Try a sample at Johnston Bros. & Campbell, then purchase for 25¢ a pound.

Notes

* What was allegedly being done in the "rear rooms" of Monterey taverns was not noted in the news report. Many 1910 taverns operated gambling tables there. It seems unlikely that Grady, 26 years old, was offering his girlfriend as a prostitute; his personal credentials seem too polished.

** The "Military Tournament" involved pitting men and groups of men against each other in events once popular at medieval events. The author is at a loss to explain the term "kojuff". It may have been a coined term.

Church celebrates 100 years with an organ concert

Organ installed in 1916

By Cameron Douglas

Technically, the Mayflower Church has been around in different forms and denominations for 119 years; but on Nov. 14 it will celebrate 100 years in its current building. The massive brick-faced structure on the corner of 14th and Central went up after a fire destroyed the original wooden church in 1910.

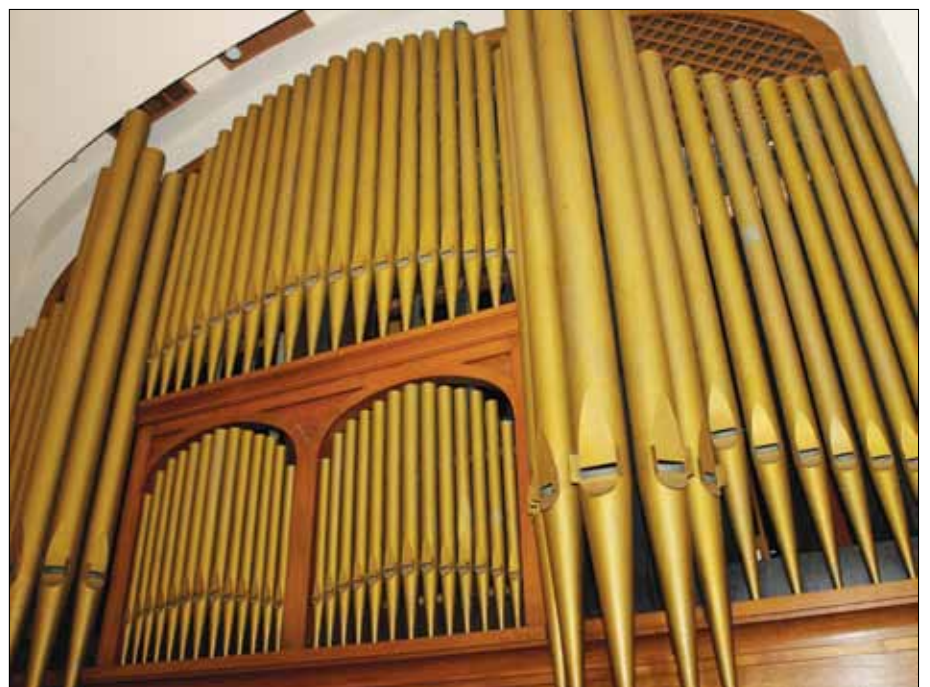
Known today as the Mayflower Presbyterian Church, it stands as solid as ever. On Sunday, Nov. 14, a centennial celebration will include social gatherings, a Sunday service and a free organ concert featuring several area church organists.

The church's elegant pipe organ is something of a local celebrity in itself; standing as the oldest, intact, originally installed pipe organ in Monterey County. The California Organ Company built the original organ, installed at Mayflower in 1916. That organ was later "married" to another organ built by Murray Harris. Some specs on the organ: "Romantic-Symphonic" design; 1,200 pipes (for now); Two percussion stops; 20 ranks (for now)

Organist Tom DeLay reports more pipes will soon be added and the organ's rating will increase to 32 ranks, or ranges. The instruments it can mimic include trumpet, oboe, clarinet and "every shape and size of flute you can imagine," says DeLay.

Where: Mayflower Presbyterian Church, 141 14th St., PG

When: Sunday, Nov. 14 starting at 9 am. Services at 10:15. Organ concert at 2 pm. Everyone is welcome.



Top: These are just some of the organ's 1,200 pipes. Some are made from redwood.

Left: What the congregation sees. With the swell shutters wide open and the air moving through the pipes at full force, this baby really rocks.

Below, left: Some of the controls. In 1916, this was a state-of-the-art synthesizer. Pipe organs like this are still being made.

Below, right: Where the magic is made.

Photos by
Cameron
Douglas

Serrena heals body, mind and spirit

Fundraiser will help those who can't afford, but need, their services

By Fred Hernandez

Aileen Mateo of Pacific Grove had a youthful passion – to travel the world. So she enlisted in the U.S. Air Force and landed a career in the medical field.

As a medical technician in the OB/GYN wards, Aileen (whose friends call her Mattie) is proud of the fact that she helped deliver 82 babies.

The problems began when she suffered a back injury on the job. She underwent a laminectomy and a discectomy on her lower spine and ultimately she was medically discharged.

Aileen was diagnosed with major depression, “primarily because I kept getting re-injured.”

Then things got worse.

“In September 2009, I had an abnormal mammogram. More tests were ordered and biopsies done, and on Nov 12, 2009, I was diagnosed with cancer in my left breast.”

She got involved with the Breast Care Center and the Comprehensive Cancer Center at CHOMP. That’s where she met Joy Smith, a Serrena board member and fellow resident of Pacific Grove. After Joy did a brief intake interview, she recommended that Aileen attend the Wednesday Cancer Support Group for Newly Breast Cancer Diagnosis, and the Cancer Journey lecture classes.

“When I began experiencing anxiety and some distressing feelings, Joy referred me to Serrena, the Center for Integrative Therapies. That’s where I was assigned to Dr. Veronica Reis, an oncology psychologist who helped me express my feelings about breast cancer, and deal with this journey. I have sessions with Dr. Reis every other week and she helps me let my feelings out, which is difficult for me. She is very patient and helps me with depression and anxiety. Having breast cancer unfortunately also stirred up some feelings that I had suppressed many, many years ago.”

Aileen inquired about other services at Serrena “because I thought I would also benefit by seeing an acupuncturist and massage therapist. I was directed to Kaz Wegmuller, and he has been a blessing! I used a cane because of some imbalance and a weak left leg, one of results of the laminectomy and discectomy. I see Kaz every other Friday and he does wonders with his magic hands!”

Kaz works on her numbness, nerves that are regenerating in different parts of the body, and relieves the kinks in her muscles. “I find I am so relaxed and free of pain for most of the days following therapy. That has not happened in close to 20 years!” she said. “My friends see a big difference in me... I see things positively now and I am smiling more. Kaz also shows me exercises I do every day at home to keep my muscles loose, and strengthen weak muscles.

“As a result, I seldom have to use the cane!”

She has high praise for the practitioners at Serrena. “I like the informal, friendly approach. They are very good listeners. They can laugh with me and show compassion. I know they really care.”

Aileen was experiencing financial difficulties at the time and was interviewed by Serrena’s Executive Director Ratna Anagol, also a Pacific Grove resident. “We decided on a sliding scale for payments. This has worked out very well for me and I am happy about it.”



Aileen Mateo, right, celebrates with other cancer survivors at Relay for Life.

Above all, Aileen said she values the philosophy of Serrena. “The approach is non-threatening and includes the mind, body and spirit, which ultimately are closely connected.”

“Applause”

Serrena, an extraordinary non-profit organization that offers integrative therapies for patients with chronic illness, will hold its annual fundraiser Saturday, Nov. 13 from 6 p.m. to 11 p.m. at the Monterey Marriott Hotel.

Titled “Applause”, the event will feature the widely-acclaimed White Album Ensemble band, along with special guest jazz vocalist Jaqui Hope with guitarist Steve Ezzo and Heath Proskin on bass. Also the classical guitar of Charles DeWeese. Live and silent auctions and a raffle will be held.

All proceeds from Applause will subsidize treatment for Serrena patients in financial need.

About Serrena

Serrena, the Center for Integrative Therapies, collaborates with cardiologists and oncologists to complement their medical treatment plans with services that improve quality of life for patients.

Provided by licensed, certified practitioners, Serrena’s evidence-based services include:

- Acupuncture for pain control, neuropathy, fatigue, nausea, vomiting and radiation-induced dry mouth.
- Mind/body therapies to reduce anxiety, depression, mood disturbance and to assist in coping skills.
- Therapeutic massage to reduce heart rate, lower blood pressure, increase circulation and improve range of motion.
- Nutritional counseling for loss of appetite, food aversions, high blood pressure and weight changes.
- Herb and supplement counseling to augment conventional treatment of chronic illnesses such as arthritis, cancer, diabetes, heart disease, high blood pressure and to minimize interactions with medications.
- Energy healing for stress reduction,

relaxation and rejuvenation.

- Psychotherapy for stress management, depression, anger, fear or body image concerns.

For those in financial need, Serrena uses a sliding scale of payment, depending on the patient’s qualifications. Subsidies are made possible through the generosity of grants, corporate sponsors, individual donors and the Applause fundraiser.

Serrena Executive Director Ratna Anagol says, “Serrena’s mission is to be the most respected provider of high quality, evidence-based therapies -- all within a structure that is self supporting and fully integrated with the medical community on the Central Coast and we are well on our way to attaining our goal.”

She added, “Last year’s community support for Applause was tremendous and as a result, we have already increased the number of patient visits by 50 percent. In 2011, we will continue to grow and hope to offer additional services such as an annual conference

Snapshot:

“Applause”

A fundraiser for Serrena, the Center for Integrative Therapies

Saturday, Nov. 13 from 6 p.m. to 11 p.m.

Monterey Marriott, 350 Calle Principal

Entertainment: White Album Ensemble, jazz vocalist Jaqui Hope and the classical guitar of Charles DeWeese

Live auction, silent auction and raffle

All proceeds subsidize patients in financial need. Tickets: \$75; for more information, donations or tickets: call 831-642-4050,

on complementary therapies. This year’s fundraising is more important than ever before.

“We found out last year how much fun our fundraiser could be and we plan to have even more fun this year,” she added.

Serrena board member Joy Smith RN, MSN, says, “Each year Serrena serves hundreds of patients facing the challenges of chronic illness such as cancer and heart disease. Combining our therapies with conventional medical care makes a huge difference in patient outcomes and day-to-day quality of life. In these difficult economic times, many of our patients also face financial burdens, but through proceeds from Applause we are able to provide care to many residents who otherwise could not afford these life-changing therapies.

Tickets for the fundraiser are \$75. For more information, to donate or to buy tickets, visit www.serrena.org

Serrena is a tax-exempt organization as designated under section 501 (c) (3) of the Internal Revenue Code.



The White Album Ensemble will perform Nov. 13.

Your achievements

Peeps

Stevenson student gains photo scholarship

David Matthews has won second place in University Language Services' scholarship photo contest for high school students visiting college campuses.

Experiencing a new kind of community is what college is all about, said David Matthews, the second place winner in the fall 2010 scholarship photo contest sponsored by University Language Services.

"I'm looking forward to getting support from people that share my interests and can act as both teachers and friends," said Matthews, a senior at Stevenson High School in Pebble Beach.

Hundreds of students submitted photos that they felt represented college best, and the theme of belonging and unity was pervasive. David Matthews's photo of the marching band practicing on the campus of the University of Colorado at Boulder portrays a "community, a group where everyone shares a common interest and can forget their differences." For Matthews, finding the "community" in which you belong is what the college experience is all about.

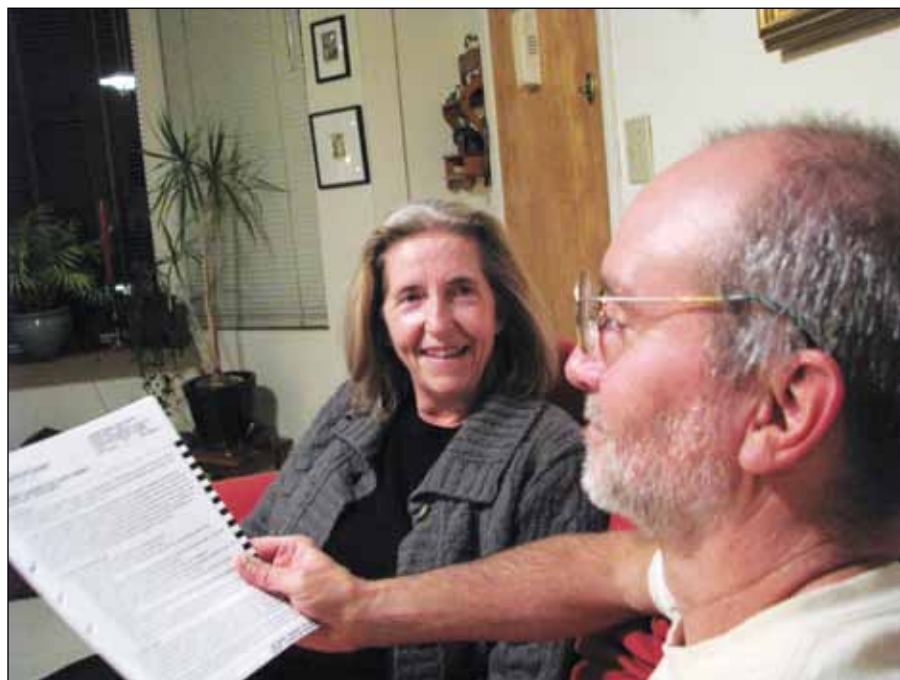
"For me, this photo represents the community and unity I seek in a college. Even though the University of Colorado at Boulder is a huge place, it is important to find your own group, niche, or, in a sense, community. This scene shows Boulder's marching band practicing in front of the striking Business School and the beautiful three flat-irons on the mountain. For me, this marching band is a type of community, a group where everyone shares a common interest and can forget their differences of all types. While every person is different in their looks, type, feel, and personality, a place where everyone is similar is a special place to have," he said.

"In this case, it's the marching band; it could be something completely different for you, though. Yours might be your hall in a dorm, your English class, your Environmental Club, anything; look and you will find unity and community anywhere you look. This is especially important due to the fact that college is an experience many are unprepared for."



David Matthews

Friends for life



Matt Tenzer (right) studies a medical form with his friend Bente Avery. Photo by Chip Scheuer.

By Cameron Douglas

Bente Avery's father died young at only 42 years of age, when a genetic kidney defect ended his life. It wasn't sudden either. With numerous tumors growing in his kidneys, Mr. Avery suffered for many years and underwent primitive forms of dialysis until his organs finally gave up. Bente Avery dealt with the same condition all her life until failure of her own kidneys became imminent. Dialysis would help, but a transplant needed to happen.

So Avery looked around for a donor and found Santa Cruz resident Matt Tenzer, the husband of her longtime friend Adrienne Kozlowski. The three are like family. Matt stepped right up to the task.

Avery, a native of Norway, had gone back and forth between Norway and the U.S. for most of her life before settling in Monterey 11 years ago. Since then, her health gradually declined until the situation became critical. She is grateful for the skill demonstrated by her medical team ("the technology has gotten way better"), but expressed some unhappiness with American health insurance company policies. "They only allow you to test one [potential] donor at a time," she said. "You could die waiting." Fortunately, she chose Tenzer

to be tested first, and the subsequent tests and tissue matching proved him suitable. But those tests took the better part of a year to complete.

The two took up residence on the ninth floor of the UC San Francisco hospital. Before and after the surgery, they took turns ambling across the floor to visit each other, pushing their IV carts along. They kept in constant contact. "We always called and said 'goodnight' and 'good morning,'" says Avery.

Tenzer's kidney removal procedure used less invasive laparoscopic techniques, which include the use of tiny cameras. He actually has a DVD movie of his own kidney departing from his body. Surgeons pushed CO₂ gas into his abdominal cavity to spread the organs apart. Preparations were made to remove his left kidney. They then made a small slit, reached in and pulled the kidney out.

For Avery, the procedure involved quite a bit more. And where Tenzer is down to one kidney, Avery now has three. "It's more dangerous to remove the old kidney, and would make for a longer recuperation time," she explains. According to her surgeon, there is one transplant recipient who is toting five kidneys around.

Avery has now been discharged from the hospital. With the worst of it behind her, she feels "so relieved and happy." She will need to stay close to the hospital and check in weekly for about two months. Avery is taking medications to prevent infection and tissue rejection, and will have to remain on some of those medications for the rest of her life.

Avery looks forward to resuming her work with Child's Behavior Health of Monterey County just as soon as she can. "It's intense work, but I love it," she says.

Meanwhile, the two friends are keeping in touch and joke about Tenzer's "visitation rights" to his kidney. Tenzer is recovering at home. Movement is difficult with the CO₂ still being absorbed through his body, but the days are getting better. "I'm not doing this again," he quips dryly. His donation may not be the ultimate sacrifice, but it is hard to imagine a more profound gesture of friendship.

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