Weekends through Oct. 16
Pacific Grove Romeo and Juliet
Outdoor Theater
Carmel
Phone (831) 622-0100 or visit www.pacrep.org for ticket information.
7:30 p.m.

Friday, Oct. 14
Wine, Women & Song
Performance + wine tasting
7:00-10:00 p.m.
At the Art Center
561 Lighthouse Ave. PG
Cost is $20 per person.

Sun., Oct. 16
Korean Choir “Gisida”
4:00-5:15 PM
Community Church of the
Monterey Peninsula
4590 Carmel Valley Rd, Carmel
Suggested donation $10
(831) 624-8595
or visit www.ccwm.org

Thurs., Oct. 20
Teen Space Grand Opening
5pm.
Pacific Grove Public Library

Sat., Oct. 22
Kummage Sale
First Christian Church
Central & Carmel
1-4
Free admission

Sat., Oct. 22
St. Mary’s Annual
Holiday Razzaz
Edwards Hall, St. Mary’s
146 12th at Central, PG

Sat., Oct. 22
Patrons’ Show
Deadline for delivering artwork
office hours
Wed - Sat 12 – 5pm
Sun 1 – 4pm
PG Art Center
561 Lighthouse
831-375-2208

Fri., Oct. 28
Opening Reception
Patrons’ Show
PG Art Center
561 Lighthouse Ave.
831-375-2208

Sat., Oct. 29
St. Mary’s Book Sale
9:00 a.m. - 2:00 p.m.
Edwards Hall, St. Mary’s
12th and Central, Pacific Grove
Call 649-8129 for information.

Consultant study: Regional Water Project still most cost-effective
Scheduling and permitting analyses to follow

By Marge Ann Jameson
California American Water (Cal Am) ordered a study on the cost analysis of 11 water supply alternatives for the Monterey Peninsula, including Pacific Grove. The company plans to hold a public forum on the subject, set for Oct. 26, 2011.

In This Issue

Psst! Ruka, don’t eat the wafers!
Little Bleu tells Ruka that the priest’s wafers don’t taste anything like dog biscuits at the annual Blessing of the Animals at Canterbury Woods. The blessing is held each year in honor of St. Francis of Assisi.

Consultant study: Regional Water Project still most cost-effective
Scheduling and permitting analyses to follow

By Marge Ann Jameson
California American Water (Cal Am) ordered a study on the cost analysis of 11 water supply alternatives for the Monterey Peninsula, including Pacific Grove. The company plans to hold a public forum on the subject, set for Oct. 26, 2011.

RBF Consulting, authors of the report, outline the various alternatives which include some combinations of alternatives as well as stand-alone projects. Most have been suggested in some form another, from various desalination plants (Marina, Moss Landing, Sand City, Monterey near the Naval Postgraduate School) to filtration plants and groundwater recharge.

Cal Am faces a Cease and Desist Order to cease pumping water for its customers from the Carmel River. By 2014, those customers must reduce use by 40 percent of what is currently used and by 2016 the reduction will increase to 60 percent of current use.

It is important to note that the current report only includes cost analysis and does not include permitting and schedule impacts for the various alternatives.

RBF advises that the permitting and schedule impacts report will follow.

The analysis uses the current favored project, the Regional Water Supply Project – also known as the Marina desalination

By Peter Mounteer
Last Wednesday, Oct. 5, Pacific Grove received an unlikely visit from an unlikely visitor, an adult Olive Ridley sea turtle that typically inhabits warm coastal waters. Although sea turtles occasionally visit Monterey Bay (most typically leatherback sea turtles that can withstand cold California waters) an Olive Ridley has “never been sighted ashore” on the central coast, according to Scott Kathey of NOAA.

Sea turtles spend the majority of their lives in the water, only coming ashore to lay eggs. The Olive Ridley that came ashore on Wednesday—its gender has yet to be confirmed—is not rare to nest, as its typical nesting grounds are only as far north as Mexico. According to Kathey, the turtle most likely was lured North in an unusual eddy of warm water that brushed California’s central coast.

Rare turtle stranded on Pacific Grove beach

By Peter Mounteer
Last Wednesday, Oct. 5, Pacific Grove received an unlikely visit from an unlikely visitor, an adult Olive Ridley sea turtle that typically inhabits warm coastal waters. Although sea turtles occasionally visit Monterey Bay (most typically leatherback sea turtles that can withstand cold California waters) an Olive Ridley has “never been sighted ashore” on the central coast, according to Scott Kathey of NOAA.

Sea turtles spend the majority of their lives in the water, only coming ashore to lay eggs. The Olive Ridley that came ashore on Wednesday—its gender has yet to be confirmed—is not rare to nest, as its typical nesting grounds are only as far north as Mexico. According to Kathey, the turtle most likely was lured North in an unusual eddy of warm water that brushed California’s central coast.

By Peter Mounteer
Last Wednesday, Oct. 5, Pacific Grove received an unlikely visit from an unlikely visitor, an adult Olive Ridley sea turtle that typically inhabits warm coastal waters. Although sea turtles occasionally visit Monterey Bay (most typically leatherback sea turtles that can withstand cold California waters) an Olive Ridley has “never been sighted ashore” on the central coast, according to Scott Kathey of NOAA.

Sea turtles spend the majority of their lives in the water, only coming ashore to lay eggs. The Olive Ridley that came ashore on Wednesday—its gender has yet to be confirmed—is not rare to nest, as its typical nesting grounds are only as far north as Mexico. According to Kathey, the turtle most likely was lured North in an unusual eddy of warm water that brushed California’s central coast.

Psst! Ruka, don’t eat the wafers!
Little Bleu tells Ruka that the priest’s wafers don’t taste anything like dog biscuits at the annual Blessing of the Animals at Canterbury Woods. The blessing is held each year in honor of St. Francis of Assisi.

Photo by Marley Kroles. More photos on page 14.
WATER

The Glomer Water Project, Alternative 1, with costs for construction, start-up, con-
tingency and other allowances including cost of indebtedness comes in at $297,470,000
in RBF’s estimate. It adds an estimate for California American Water’s regional project
facilities at $132,000,000 “most equitable capital cost with contingency,” a high-end
estimate of $156,000,000 and a low-end of $118,000,000.

The cost cap for Cal Am had origi-
nally been set at $106,875,000 in the recent Settlement Agreement. That amount
includes conveyance facilities (pipes and pumps), a terminal reservoir, and an ASR
(Aquifer Storage Recovery) system.

Adding the California American Wa-
ter facilities costs of $107,000 to the capi-
tal cost of $297,470,000 for the Regional Water Project results in a total capital cost
of $404,000,000 for the Regional Water Project. This result is a cost per acre foot
per year (AFY) of $2680.

Alternative #2 includes a lower-
capacity desalination plant at Marina and
groundwater recharge of advanced water
treatment effluent from the Monterey Re-
gional Water Pollution Control authority’s
regional treatment facility. The effluent
would be used to recharge the Seaside
aquifer. Cost/AFY: $2,980

Alternative #3 involves a seasonally-
operated surface water filtration plant in lower Carmel Valley, south of Carmel
Valley Road and east of Carmel Rancho Road.
A complicated system of pipelines,
pump stations, chlorination systems
and reservoirs (ASR system) would complete
the project. Cost/AFY: $2,910

Alternative #4 includes the Carmel
Valley filtration plant, the extended ASR
system and ground water recharge. Cost/
AFY: $3,190

Alternative #5 is the Carmel Valley
filtration plant, a higher capacity desalination plant in Marina, and the extended ASR
system. Cost/AFY: $3,340

Alternative #6 involves the Carmel
Valley filtration plant, expansion of the
Sand City desalination plant already under
way, and the extended ASR system. Cost/
AFY: $3,170

Alternative #7 proposes the Carmel
Valley filtration plant, a desalination plant
near the Naval Postgraduate School, and
the extended ASR system. Cost/AFY: $3,890

Alternative #8 adds more capacity to the Monterey desalination plant and includes
an iron removal plant in lower Carmel Valley, from whence the water would be sent
to the ASR system. Cost/AFY: $3,660

Alternative #9 would offer a seasonal
cost/AFY: $3,660 surface water filtration plant fed by diversion
from the Salinas River plus the ASR system. There cannot, by law, be diversion from
the Salinas River for export, however. Cost/AFY: $2,880

Alternative #10 is a lower-
capacity desalination plant, located about 1 mile north of the current Moss Landing power plant near Elkhorn Slough plus delivery systems similar to the Regional Water Project. Cost/AFY: $4,460

Alternative #11 would require additional conservation on the part of customers,
already at the lowest in the state. It would reduce the capacity of the Marina desalination
plant and would include some ground water recharge. Cost/AFY: $3,500

According to the report, implementation of any of the alternatives with the excep-
tion of #1, the Regional Water Project, would require “additional environmental impact
analysis, recertification of the EIR, amendment and requalification for the CFCP
and amendment of the application to the California Coast Commission.” The report
points out that all of the re-permitting would delay implementation well beyond the October,
2012 mid-point of construction (the basis of cost estimates in this report) and thus cost
estimates might not hold.

Additionally, Alternatives #3 through #9 involve obtaining water rights to divert
from either the Carmel River or the Salinas River and the negotiation of rights to store
the water against multi-year droughts. Alternatives which involve a Lower Carmel Val-
ley filtration plant assume that land could be secured at a cost of $750,000 per acre
for acquisition and $75,000 per acre for easements.

RBF advises that as soon as an assessment of the permitting and scheduling impact
for each alternative is completed, they will submit a subsequent report and make a final
recommendation as to the most attractive alternative in their opinion.

Monterey to host water forum Oct. 26
The City of Monterey, on behalf of the six Peninsula cit-
ies, will host a public forum to explore the current array
of proposed water projects on Wednesday, Oct. 26 from 6:00
10 p.m. in the Steinbeck Forum at the Monterey Conference Center.
The forum will explore each project’s proposed solution,
including how it creates a new water supply for the Peninsula, and at what cost.

The forum will feature water project presentations by Califor-
nia American Water (Cal-Am), DeepWater Desal, the Monterey Peninsula Water Management District (MPWMD), the
Monterey Regional Water Pollution Control Agency (MRWPCA), and the
Monterey’s Moss Landing Water Desal. Citizens from all Peninsula communities are encouraged to
attend the forum and learn more about the various projects and get answers to questions they may have.

Admission is free, and seating is available on a first-come
basis. Free parking is available for forum attendees in the Down-
town West garage, only after 5:00 p.m. The Downtown West garage is located on Tyler Street between Del Monte and Franklin.

Plastic bag ban to be discussed
The City of Monterey will host a workshop on Mon., Oct. 17 from 6 p.m. to 8:00
p.m. in the City of Monterey Council Chambers, Few Memorial Hall, 580 Pacific
Street, Monterey.

The workshop will discuss the proposed ordinance to ban the use of plastic bags
and the free distribution of paper bags. The discussion will include the impacts this ordi-
nance would have on disposal, waste management, storm water management, resource
conservation and litter control. For a complete listing of documents and information
regarding this DRAFT ordinance, please visit our website at www.MontereyRecycles.org

Your opinions on this proposed ordinance are important to the city of Monterey
in drafting this ordinance. For questions or comments, please contact Angela Brant-
ley, City of Monterey, Solid Waste Program Manager, at 831.646.5662 or brantley@
Ci.Monterey.Ca.us

TURTLE

The 72-pound Olive Ridley arrived ashore—conveniently—at Stanford University’s
Hospkins Marine Station in Pacific Grove, just around the corner from the Monterey
Bay Aquarium, where it is currently being cared for.

Dr. Mike Murray, a veterinarian with the Monterey Bay Aquarium, is in charge
of rehabilitating the sea turtle. “The animal is underweight and dehydrated,” he said,
“potentially due to illness.” The Olive Ridley is being cared for in a heated 72-degree
holding tank out of the view of the public eye. Dr. Murray confirmed that the animal
will not be used for aquarium display at any point in time. Murray also said that the
turtle is being given antibiotics and supportive therapy in order to restore its health and
will likely remain at the aquarium under his care for an unknown number of weeks
depending upon its response to rehabilitative treatment. A potential release site has not yet been chosen.

Last Wednesday’s rescue marks the fourth turtle rescue in the Monterey Bay
Aquarium’s 27 year history and the first since 2005. The Olive Ridley sea turtle is classified “endangered” by the International
Union of Conservation of Nature (IUCN), a categorization most likely the result of a high
frequency of egg collecting on nesting beaches and turtle hunting by humans through-
out the world.

As of Tuesday, October 11th, the turtle’s condition has stabilized and it is respond-
ing well to treatment.


TURTLE From Page 1

Dr. Mike Murray, a veterinarian with the Monterey Bay Aquarium, is in charge
of rehabilitating the sea turtle. “The animal is underweight and dehydrated,” he said,
“potentially due to illness.” The Olive Ridley is being cared for in a heated 72-degree
holding tank out of the view of the public eye. Dr. Murray confirmed that the animal
will not be used for aquarium display at any point in time. Murray also said that the
turtle is being given antibiotics and supportive therapy in order to restore its health and
will likely remain at the aquarium under his care for an unknown number of weeks
depending upon its response to rehabilitative treatment. A potential release site has not yet been chosen.

Last Wednesday’s rescue marks the fourth turtle rescue in the Monterey Bay
Aquarium’s 27 year history and the first since 2005. The Olive Ridley sea turtle is classified “endangered” by the International
Union of Conservation of Nature (IUCN), a categorization most likely the result of a high
frequency of egg collecting on nesting beaches and turtle hunting by humans through-
out the world.

As of Tuesday, October 11th, the turtle’s condition has stabilized and it is respond-
ing well to treatment.
Call in the City palentologist
A walker reported several bones lying on the beach near the surf line. They appeared to be those of a sea mammal, which was confirmed by Calif. Dept. of Fish & Game.

Alarming dinner
A person on 13th St. left their dinner on the stove and it set off the alarm. Police and fire showed up and the neighboring house was evacuated, but it was just smoke. No indication as to whether the neighbors were invited to the barbecue – or whether they’d accept if invited.

Burglary on Wood St.
A woman on Wood St. reported that her residence was burglarized and personal jewelry items, including a wedding ring, were taken.

LOCK YOUR CAR LOCK YOUR CAR LOCK YOUR CAR
A purse was stolen from a parked car on 17th St.
Purse found
A purse was found on Alder St. in the park. It was pretty soggy from the rain and everything in it was ruined. Was it the purse stolen on 17th? Hmmm.

Bark, bark, bark
A person left a voice mail about a barking dog on Wood St., but as he was the only one complaining and there need to be two, he was advised to keep a log of dates and times and to have a second person complain, too. The owner of the dog was his friend. No one else has complained yet.

Scam: So secret he didn’t get paid
A person reported that he had received an email to become a secret shopper, and the paycheck bounced. He said he lost thousands of dollars.

Watch for a lost watch
A person lost her wrist watch while walking on 13 Mile Drive into Pebble Beach. She described it as a Rado make with sapphire crystal face, gold leaf with brown trim and a dark brown leather wrist strap.

Stolen cell phone recovered
Michelle Lisa Stinnett, 39, was arrested for receiving known stolen property, theft, and violation of probation for stealing a teacher’s cell phone and trying to sell it.

Homecoming phone
A black cell phone was found in the stands at the school on the Homecoming game.

Police have good sniffer
A person was stopped for a traffic violation and smelled marijuana wafting from the car. A search was conducted, and guess what? Marijuana was found in the car, and more than a little of it. Tucker Saleri of Salinas was arrested for transportation/possession of marijuana and concentrate for sale.

Found bike, kept same
A person on Funston said a bike had been parked in their yard for a number of days. He has put it in his house for safekeeping but wanted to report it in case the owner should turn up.

OK, turn out your pockets everybody
A person on Presidio Blvd. reported that somebody stolen his plywood retaining wall from his residence.

Backpack missing. At least the dog didn’t eat the homework.
A student reported having lost a blue Jansport backpack containing textbooks and wallet.

Cedar Street Times was established September 1, 2008 and was adjudicated a legal newspaper for Pacific Grove, Monterey County, California on July 16, 2010. It is published weekly at 311A Forest Ave., Pacific Grove, CA 93950. Press deadline is Wednesday, noon. The paper is distributed on Fri., and is available at various locations throughout the city as well as by e-mail subscription.

Editor/Publisher: Marge Ann Jameson
News: Cameron Douglas, Marge Ann Jameson, Peter Mounteer
Contributors: Ben Alexander • Betsy Slinkard Alexander • Guy Chaney
Jon Guthrie • Amy Coale Solis • Rhonda Farrah
Linnet Harlan • Neil Jameson • Taylor Jones • Richard Oh • Ditrick Williams
Photography: Cameron Douglas • Peter Mounteer
Distribution: Rich Hurley

831.324.4742 Voice
831.324.4745 Fax
editor@cedarstreettimes.com
Email subscriptions: subscribe@cedarstreettimes.com
Calendar items to: cedarstreettimes@gmail.com
Dear Readers: Please bear in mind that historical articles such as “High Hats & Parasols” present our history — good and bad — in the language and terminology used at the time. The writings contained in “High Hats” are not our words. They are quoted from Pacific Grove/Monterey publications from 100 years in the past. Our journalistic predecessors held to the highest possible standards for their day, as do we at Cedar Street Times. Please also note that any items listed for sale in “High Hats” are “done deals,” and while we would all love to see those prices again, people also worked for a dollar a day back then. Thanks for your understanding.

The News … from 1911.

Criminal Medical Practice

It comes as no surprise to the people of Pacific Grove that Dr. Hines is the victim of a morphine habit. Many other medical people, Hines has long suffered from excessive abuse, and that abuse recently resulted in the death of M. Wagner. On a night after the Wagner murder, Dr. Hines entered the Drug store where he met Flannagan, the shop owner. After some conversation, Flannagan assured Hines that he had acquired an apothecary for both liquor and morphine while attempting to cure Dr. Shelton, of Pacific Grove, of a habit with opium which was making that physician into an opium fiend. Hines stated that a Wiley P. Hines placed it against Underwood’s breast and threatened to kill him if he did not immediately satisfy Hines’ own habit. He stated that he had recently killed the deceased Wagner and because of that was proficient in the practice of murder. Even so, Underwood refused to comply. Hines departed angrily, screaming obscenities.

Later, Charles Underwood advised law enforcement of Hines’ statement. Hines was arrested and jailed to await a preliminary hearing. Hines is to be defended by Attorney S. F. Gill, of Salina’s, who paid the Grove a visit in beginning his work.

Stables opens

J. McGeorge announces the opening of his New Monterey Stables. Carriages, horses, and mules are available for rent. McGeorge says that he also plans to offer transportation between the Grove and Monterey. Carrying luggage or have something delivered as far away as Salinas. New Monterey Stables will be happy to handle it for you. You can also purchase hay and grain from McGeorge. The new proprietor says that he hopes for a fair share of the patronage of the local and traveling public. Purchase or rent anything from New Monterey Stables and use McGeorge’s fine camp-ground for free. Yes, tents are available to rent.

Murray sells out

George Ferris has purchased the interests of G. Murray! Ferris is now in business at the Ferris House, Sign, Car, Wagon, & Carriage Painter. Both material and work are guaranteed. Your choice of color. Fair pricing. “We are Grainers and Kalsiminers,” said Ferris.

Watch for fake advertising scheme!

Sunset magazine is undoubtedly forthright. However, the purpose to which a few scammers are putting its name are not so straightforward. Each morning, this group sells forth armed with business cards and other, official-looking identification announcing them as “special” representatives of Sunset magazine. They then unveil a scheme for “advertising the town.” These dishonest gentlemen say that Sunset is planning a future, pictorial issue featuring Pacific Grove and the Monterey Peninsula. They then produce several sheets of paper upon which have been printed squares the size of business cards. As enticements, names have been written within several squares. The scammers then tell the mark that advertising can be purchased (at this advanced date for cash) for only $7.50 a square.

When the scheme was developing, your editor telephoned the office of Sunset (known to be one of the most substantial and meritorious publications on the coast) regarding the status of the strangers, and their authority to use Sunset’s name in connection to their offer. The representative of Sunset responded by saying that these individuals referred to were simply hired as solicitors for subscriptions to the magazine. They were not authorized to transact any other business in the magazine’s name. Furthermore, with all due respect to the beauty of the region, Sunset is not planning a future article about this area. Sunset indicated that anyone falling for the scam should show evidence of same to the editor and a complimentary subscription would be set up for two years by way of compensation.

Snippets from around the area…

• B. E. Duckworth has gained a smiling baby boy. That smile was affixed to the infant’s face Tuesday evening, past. Mom is fine.
• For those who enjoy music, good news! The Chautauqua committee has determined the same to the editor and a complimentary subscription would be set up for two years by way of compensation.
• Sunset magazine was founded in 1898 as a promotional magazine for the Southern Pacific Transportation Company. The magazine was not only designed to encourage travel, it was intended to set aside negative “Wild West” images about California. If legitimate, advertising in Sunset would most likely have been advantageous.

A “masque” was entertainment consisting of pantomime, dancing, dialogue, and song. These “shows” were often quite elaborate.

Sunset indicated that anyone falling for the scam should show evidence of same to the editor and a complimentary subscription would be set up for two years by way of compensation.

References: Pacific Grove Review, Monterey Daily Cypress, Del Monte Weekly, Salinas Index, Monterey County Post, Ballions’ Grammar (1896).

High Hats & Parasols

Dear Readers: Please bear in mind that historical articles such as “High Hats & Parasols” present our history — good and bad — in the language and terminology used at the time. The writings contained in “High Hats” are not our words. They are quoted from Pacific Grove/Monterey publications from 100 years in the past. Our journalistic predecessors held to the highest possible standards for their day, as do we at Cedar Street Times. Please also note that any items listed for sale in “High Hats” are “done deals,” and while we would all love to see those prices again, people also worked for a dollar a day back then. Thanks for your understanding.

The News … from 1911.

Criminal Medical Practice

It comes as no surprise to the people of Pacific Grove that Dr. Hines is the victim of a morphine habit. Many other medical people, Hines has long suffered from excessive abuse, and that abuse recently resulted in the death of M. Wagner. On a night after the Wagner murder, Dr. Hines entered the Drug store where he met Flannagan, the shop owner. After some conversation, Flannagan assured Hines that he had acquired an apothecary for both liquor and morphine while attempting to cure Dr. Shelton, of Pacific Grove, of a habit with opium which was making that physician into an opium fiend. Hines stated that a Wiley P. Hines placed it against Underwood’s breast and threatened to kill him if he did not immediately satisfy Hines’ own habit. He stated that he had recently killed the deceased Wagner and because of that was proficient in the practice of murder. Even so, Underwood refused to comply. Hines departed angrily, screaming obscenities.

Later, Charles Underwood advised law enforcement of Hines’ statement. Hines was arrested and jailed to await a preliminary hearing. Hines is to be defended by Attorney S. F. Gill, of Salina’s, who paid the Grove a visit in beginning his work.

Stables opens

J. McGeorge announces the opening of his New Monterey Stables. Carriages, horses, and mules are available for rent. McGeorge says that he also plans to offer transportation between the Grove and Monterey. Carrying luggage or have something delivered as far away as Salinas. New Monterey Stables will be happy to handle it for you. You can also purchase hay and grain from McGeorge. The new proprietor says that he hopes for a fair share of the patronage of the local and traveling public. Purchase or rent anything from New Monterey Stables and use McGeorge’s fine camp-ground for free. Yes, tents are available to rent.

Murray sells out

George Ferris has purchased the interests of G. Murray! Ferris is now in business at the Ferris House, Sign, Car, Wagon, & Carriage Painter. Both material and work are guaranteed. Your choice of color. Fair pricing. “We are Grainers and Kalsiminers,” said Ferris.

Watch for fake advertising scheme!

Sunset magazine is undoubtedly forthright. However, the purpose to which a few scammers are putting its name are not so straightforward. Each morning, this group sells forth armed with business cards and other, official-looking identification announcing them as “special” representatives of Sunset magazine. They then unveil a scheme for “advertising the town.” These dishonest gentlemen say that Sunset is planning a future, pictorial issue featuring Pacific Grove and the Monterey Peninsula. They then produce several sheets of paper upon which have been printed squares the size of business cards. As enticements, names have been written within several squares. The scammers then tell the mark that advertising can be purchased (at this advanced date for cash) for only $7.50 a square.

When the scheme was developing, your editor telephoned the office of Sunset (known to be one of the most substantial and meritorious publications on the coast) regarding the status of the strangers, and their authority to use Sunset’s name in connection to their offer. The representative of Sunset responded by saying that these individuals referred to were simply hired as solicitors for subscriptions to the magazine. They were not authorized to transact any other business in the magazine’s name. Furthermore, with all due respect to the beauty of the region, Sunset is not planning a future article about this area. Sunset indicated that anyone falling for the scam should show evidence of same to the editor and a complimentary subscription would be set up for two years by way of compensation.

Snippets from around the area…

• B. E. Duckworth has gained a smiling baby boy. That smile was affixed to the infant’s face Tuesday evening, past. Mom is fine.
• For those who enjoy music, good news! The Chautauqua committee has determined the same to the editor and a complimentary subscription would be set up for two years by way of compensation.
• Sunset magazine was founded in 1898 as a promotional magazine for the Southern Pacific Transportation Company. The magazine was not only designed to encourage travel, it was intended to set aside negative “Wild West” images about California. If legitimate, advertising in Sunset would most likely have been advantageous.

A “masque” was entertainment consisting of pantomime, dancing, dialogue, and song. These “shows” were often quite elaborate.

Sunset indicated that anyone falling for the scam should show evidence of same to the editor and a complimentary subscription would be set up for two years by way of compensation.

References: Pacific Grove Review, Monterey Daily Cypress, Del Monte Weekly, Salinas Index, Monterey County Post, Ballions’ Grammar (1896).
Sometimes the old way is best
An old-fashioned roast with a modern touch

Neil Jameson
The Retired Firehouse Cook

When I was a kid on the ranch in Aromas, there was a war on. I don’t remember any feeling of being deprived, probably because we had everything we needed right there — eggs, chickens, turkeys, geese, all the fruits and vegetables in the world. And if it wasn’t in season, my mother had canned it and we still had it. She even canned whole chickens.

Being raised in the Depression — first in Cornwall, then in America — she knew all the thrifty things to do, like darning socks and turning my dad’s collars.

I ran across this recipe for making the cheaper cuts of beef as tender as the more expensive ones, and I did it up last weekend for Sunday dinner. My friend Wayne said his mother always added the little surprise ingredient you’ll see in the recipe, and that made all the difference.

This recipe is typical of the Depression and World War II era.

Depression Roast

Marinating time is 24-48 hours. Cooking time is 6 hours.
3-5 pound beef roast
8 cloves of garlic, peeled
1 c. yellow or white vinegar
onion powder
garlic powder
cooking oil
2 c. strong black coffee
2 c. water

Potatoes, onions, mushrooms and carrots as desired

With the sharp point of a knife, poke slits in the roast and stick the cloves of garlic down in the slits. Put the meat in a covered container (so it doesn’t pick up refrigerator smells) and pour the vinegar over it. Refrigerate for 24 to 48 hours, turning about every six hours and basting with the vinegar.

When you’re ready to cook it, pour the vinegar off and place the roast in a heavy pot with some cooking oil and brown well on all sides. At this point, I put it in a big crock pot so I didn’t have to think about whether or not it would burn, but Mom didn’t have a crock pot until her later years. She did it in a pot on the stove.

Pour in two cups of strong black coffee and two cups of water and cover.

Cook on high for an hour, then lower to simmer. After about four hours, add onions and carrots if you want, and after five hours add some potatoes and mushrooms.

You probably won’t have to add more liquid unless you decide to simmer it on the stove top instead of the crock pot.

The recipe said to add salt and pepper about 20 minutes before serving, but as I’d marinated it in onion and garlic powder I didn’t bother.

The meat is going to fall apart — don’t even think about slicing it. If you want to remove everything to a platter and make the drippings into gravy, take some of the juices and thicken with flour and return it to the pot. I added a good glug (that’s a very scientific measurement, by the way) of Veri Teri teriyaki sauce, which is my current flavor-all for everything. You could use Kitchen Bouquet, A-1 Sauce or the like to add a great flavor to the gravy.

It was scrumptious, and the leftovers are even better.

Depression roast like Mom used to make -- and a loaf of homemade bread from Amy Coale-Solis!

Huge Church Rummage Sale
Saturday, October 22
9am to 4pm
Christian Church of Pacific Grove
Corner of Central Ave. and Carmel

Furniture, collectibles, glassware, linens, kitchen items, tools, seasonal decorations, toys, games, small appliances & gadgets, books/records/tapes/videos, office supplies, pictures frame, and much, much more.

Yummy food and drinks available.

For more information, visit our lovely website at http://www.pacificgrovechurch.org/ and click on the butterfly.
Church office: 831.372.0363

Otter Ove
Richard Oh, Winemaker
831-320-3050
www.ottercovewines.com
Richard@ottercovewines.com
Breaker Homecoming

Sports

Celebrating

Left, the Breakers Varsity team celebrates a 45-11 trouncing over Gonzales in the Homecoming game Oct. 7.

Below, clockwise: Drum Major Hayoung Youn leads the Breaker Band; a young spectator; dance team member Jessica Bullington; cheerleaders pull a pose.

Homecoming Queen and King were Kaitlyn Hayden and Michael Paxton.

Photos by Peter Mounteer
Pacific Grove showed a formidable front at the Homecoming Game Friday, Oct. 7. Below, Daniel Giovanazzo, #24 kicks off.

Breaker Band trumpter Caroll Nader, Below, top.

Miles Cutchin, #55, pulls down a Gonzales player as Michael Amader, #17, backs him up.
PGHS Alumni Association celebrates its 50th anniversary

Photos By Cameron Douglas

More than 400 members of the Pacific Grove High School Alumni Association celebrated that organization’s 50th anniversary with a gala dinner at the Naval Postgraduate School on October 8.

Partygoers convened in the Barbara McNibb Hall, and were treated to a salad, filet mignon, and a special dessert called, “Chocolate Bomb.”

The Association gave out awards in several categories, including greatest distance traveled (to attend), oldest member and youngest member.

(L-R Top Row) Organizer Terry Fink; Beth Penney, ‘73, PGHS Alumni Association Board President; Barbara McNibb Hall, full of revelers.

(L-R, Bottom Row) Charles Pretty, Class of 1937; Jayne Gasperson, ‘49 and granddaughter Lia Gasperson-Blackmon, 2000; Descendants of Elmarie Dyke (L-R): Gail Hyler, ’67; Trisha Randall, ’92; Joanie Hyler, ’68; and in front, Bill Hyler, Class of 1939.
Peace in the Park community picnic

Peace in the Park co-sponsored by Monterey Peace and Justice Center will be held Sun., Oct. 23 from 1-3:30 p.m. at Laguna Grande Park (Monterey side).

Don’t wait for an end to war to celebrate Peace and build community. Join us for Peace in the Park, featuring a kid’s (and adults too) art corner, live music, games and food. All ages are welcome and art supplies/guidance and some instruments will be available. There will be informational tables on how to help protect our Mother Earth and the ocean, as well as information about the various peace activities available in the area. Let the kid inside come out and play and make new friends. Kid’s art made at this event will later be showcased at the Peace Resource Center Art gallery. Bring a dish to share with no plastic single use stuff, please. BBQ’s on hand and a grill master to help you cook up your favorites.

For more information call (831) 392-6574

Call for entries: Patron’s Show

The annual Pacific Grove Art Center Patron’s Show and Drawing is a unique fund-raising event. It generates a major portion of funding each year for the non-profit art center.

Donations of artwork will be accepted for sale, beginning now through Oct. 22, 2011. All work should be valued at $100 or more and properly framed and wired for hanging or display. The office will be staffed Wednesday through Saturday from 12 - 5 and Sunday from 1 - 4 p.m. to receive donations. If you have questions, please call 831-375-2208.

The opening reception for the show will be held on Friday, October 28, from 7-9 p.m. The exhibit will continue through Sunday, December 11, 2011, when the drawing will take place at 2 p.m.

Ticket holders will gather in the Gill Gallery while each ticket is pulled in a blind draw. The first ticket to be drawn allows that ticket holder to choose from all of the works of art in the gallery. The next ticket holder may select from the remaining pieces, and so on until all works are chosen. Tickets are $50 for members and $75 for non-members. There is a limit of two tickets per individual available before the show. Any remaining tickets will be available for purchase on the date of the drawing.

Donation forms may be completed at the Art Center when the work is delivered.

Final Deadline for Delivering Artwork: Saturday, October 22, 2011.

Please deliver during office hours only.

Opening Reception: Friday, October 28, 2011, 7-9 p.m.

Ticket sales will begin at this time. $50 for members; $75 for non-members.

Drawing Date: Sunday, December 11, 2011, 2 pm

It usually lasts between 1 and 2 hours and ticket holders or their representatives must be present to choose their artwork.

Please contribute, purchase tickets, and encourage others to join us in this community effort to support the arts on the Monterey Peninsula. Thank you!

Jeffrey Halford & The Healers in Carmel Valley

Jeffrey Halford & the Healers bring their thinking-man’s mix of Americana, Blues and Rock to scenic Plaza Linda Restaurant & Cantina, 9 Del Fino Place, Carmel Valley, Sunday, October 16, 5-7 p.m, $10, (831) 659-4229 or www.plazalinda.com. This marks the Carmel Valley debut of the Bay Area-based singer-songwriter-guitar player hailed by Dirty Linen magazine as “Hemingway armed with a bluey guitar.”

It doesn’t seem like there could be a straight line between Dallas and San Francisco any more than there could be a direct connection between being an architectural student and learning to play guitar and sing on the mean streets of Chinatown and Union Square - until you hear Jeffrey Halford and it all makes sense.

Jeffrey Halford delivers a uniquely American melting pot of roots, blues, rock, and kick-ass pop - take some Southern soul, add a heap of Texas storytelling, a dash of Bay Area’s freewheeling liberal spirit/literary leanings/welder side, throw in some desert sunshine and dirt, then stir together with an architect’s eye for detail and durability and you’ve got yourself an idea why Paste magazine recently named him to their “Ten Most Influential Artists of the Decade.”

A guy who doesn’t play favorites when it comes to words and music, Jeffrey Halford knows how to get his point across subtly, and he also knows when to hammer it home. But most of all, he knows how to craft music that grabs your attention and keeps it - on record, but particularly on stage, where he and the band make you want to jump out of your seat. Jeffrey has shared the stage with Los Lobos, Taj Mahal, Guy Clark, Robert Earl Keen, and George Thorogood to name a few. Turns out the streets of San Francisco might have been the best teacher of all.

The Earth Loom Project: Weaving a Peaceful Community

On Sat., Oct. 15, 11 a.m. - 3 p.m. at the Community Church of the Monterey Peninsula, 4590 Carmel Valley Rd., Carmel there will be a free interfaith community event celebrating installation of the Earth Loom adjacent the Community Labyrinth. The public is invited to bring a picnic lunch, family and friends. “Together we’ll weave a tapestry to be shared by Peninsula worship communities,” said a spokeswoman.

Installation ceremony at 11:00, followed by children’s activities, guided tours of the buildings and grounds, and an opportunity to walk the labyrinth.

Korean choir presents concert in Carmel

The Korean Choir, “Gloria,” is a combined choir from many of the Korean churches in our community. They will bring their rich voices, sonority of sound, selected solos and instrumental, and the beauty of their culture to a well rounded program at Community Church of the Monterey Peninsula on Sun., Oct. 16 as part of the church’s ongoing musical program.

The concert will be performed from 4:00 PM - 5:15 PM and a reception follows. Suggested donation is $10.

Community Church of the Monterey Peninsula is at 4590 Carmel Valley Road, Carmel, one mile east of Highway 1 between Carmel Middle School and Rancho Canada Country Club. For more information call the church at (831) 624-8599 or visit www.ccpmp.org.

Jeffrey Halford & The Healers in Carmel Valley

Jeffrey Halford & the Healers bring their thinking-man’s mix of Americana, Blues and Rock to scenic Plaza Linda Restaurant & Cantina, 9 Del Fino Place, Carmel Valley, Sunday, October 16, 5-7 p.m, $10, (831) 659-4229 or www.plazalinda.com. This marks the Carmel Valley debut of the Bay Area-based singer-songwriter-guitar player hailed by Dirty Linen magazine as “Hemingway armed with a bluey guitar.”

It doesn’t seem like there could be a straight line between Dallas and San Francisco any more than there could be a direct connection between being an architectural student and learning to play guitar and sing on the mean streets of Chinatown and Union Square - until you hear Jeffrey Halford and it all makes sense.

Jeffrey Halford delivers a uniquely American melting pot of roots, blues, rock, and kick-ass pop - take some Southern soul, add a heap of Texas storytelling, a dash of Bay Area’s freewheeling liberal spirit/literary leanings/welder side, throw in some desert sunshine and dirt, then stir together with an architect’s eye for detail and durability and you’ve got yourself an idea why Paste magazine recently named him to their “Ten Most Influential Artists of the Decade.”

A guy who doesn’t play favorites when it comes to words and music, Jeffrey Halford knows how to get his point across subtly, and he also knows when to hammer it home. But most of all, he knows how to craft music that grabs your attention and keeps it - on record, but particularly on stage, where he and the band make you want to jump out of your seat. Jeffrey has shared the stage with Los Lobos, Taj Mahal, Guy Clark, Robert Earl Keen, and George Thorogood to name a few. Turns out the streets of San Francisco might have been the best teacher of all.

The Earth Loom Project: Weaving a Peaceful Community

On Sat., Oct. 15, 11 a.m. - 3 p.m. at the Community Church of the Monterey Peninsula, 4590 Carmel Valley Rd., Carmel there will be a free interfaith community event celebrating installation of the Earth Loom adjacent the Community Labyrinth. The public is invited to bring a picnic lunch, family and friends. “Together we’ll weave a tapestry to be shared by Peninsula worship communities,” said a spokeswoman.

Installation ceremony at 11:00, followed by children’s activities, guided tours of the buildings and grounds, and an opportunity to walk the labyrinth.

Korean choir presents concert in Carmel

The Korean Choir, “Gloria,” is a combined choir from many of the Korean churches in our community. They will bring their rich voices, sonority of sound, selected solos and instrumental, and the beauty of their culture to a well rounded program at Community Church of the Monterey Peninsula on Sun., Oct. 16 as part of the church’s ongoing musical program.

The concert will be performed from 4:00 PM - 5:15 PM and a reception follows. Suggested donation is $10.

Community Church of the Monterey Peninsula is at 4590 Carmel Valley Road, Carmel, one mile east of Highway 1 between Carmel Middle School and Rancho Canada Country Club. For more information call the church at (831) 624-8599 or visit www.ccpmp.org.
Taylor Jones

From the shadows of this cold, autumn night, I gratefully enter the warmth of the Alternative Café. Every show I see here. I’m having a conversation with tonight’s featured act, Zoe Boekbinder, as she celebrates at her CD Release Party at Viracocha in San Francisco in celebration of her new album, Darling Specimens.

Born in a farmhouse in Ontario, Canada, Boekbinder spent parts of her youth in California and became interested in pursuing music during her last year of high school. She spent five years touring with her sister in their duo called Vermillion Lies, achieving success with their own label and creating a name for themselves in the alternative music scene. In 2009, Boekbinder began to pursue a solo project with a sound she describes as “ragtime pop,” and continues to expand her audience by performing at the Alternative Café.

Her touring partner Alexander Thompson, playing under the alias The Alexanders, sits across and joins the conversation. They meet through a booking agent when they played a show together in Athens, GA, where they exchanged CDs and hit it off, resulting in their current tour together. He recorded his new album Western Medicine over the past year in his hometown of Chattanoogoa, TN. Thompson plays guitar, trumpet, and drums, and is preparing to perform his rockabilly folk music tonight.

Later, enjoying the comfort of the front row leather couch, I notice the room is filling up earlier than usual and feel feeling about the show. Before Boekbinder and The Alexanders are set to go on, an opening rock band from Oakland called Warbler takes the stage. Starting off their set with a chilled-out sound of ambient keyboards and electric guitar phrasing, they progress into a heavier, indie rock riff that turns them into a mix of the raw element of Daves and the electric element of Phoenix. The intro of their next song begins in a similar mood, leaving the drums out in order to sustain the mellow scene. However, the drummer should turn his snare off since vibrations from the amplifiers are causing his drum to rattle and take away from the energy of the performance.

I adorn the clear plastic back of the keyboardist’s setup, which allows the audience to look inside and see all of the synthesizers and mechanisms he uses. On one song, he uses these synths in cooperation with various foot pedals to create a soul-powered power. While the bass player plays a wild west-sounding line on his five-stringed Yamaha, the singer, Brent Smith, plays along with an electric distortion, with lyrical schemes like “fabulous James Bond franchise.” And he does not exclude his loves: alcohol, tobacco, women, fast cars and exotic places.

Howard Burnham was born in Bournemouth, England. He is of American descent. Six times great-grandfather, Thomas Burnham, was an attorney in Hartford CT in the 1670s; three times great-grandfather, Abner Burnham, served in the CT line in the Revolution and was pensioned in 1832. A nameake distant cousin was killed on day one of Chickamauga and his commanding battery Battery H 5th US Artillery.

The present Howard, a wintertime Pacific Grove resident, is noted for his entertaining and accurate historical and literary characterizations, which range from Shakespeare to Alfred Hitchcock by way of “Gentleman Johnny” Burgoyne, Winston Churchill and approximately thirty others. He works extensively with the National Parks Service, libraries, schools and churches.

The Ian Fleming portrayal will take place at The Works Book and Coffee Shop, 677 Lighthouse Ave, on Sunday, October 16 at 5:30 p.m. Admission: $10 at the door. For more information on Burnham see www.howardburnham.com.

The Arts

Now Showing

Paul McCartney

From the shadows of this cold, autumn night, I gratefully enter the warmth of the Alternative Café. Every show I see here. I’m having a conversation with tonight’s featured act, Zoe Boekbinder, as she celebrates at her CD Release Party at Viracocha in San Francisco in celebration of her new album, Darling Specimens.

Born in a farmhouse in Ontario, Canada, Boekbinder spent parts of her youth in California and became interested in pursuing music during her last year of high school. She spent five years touring with her sister in their duo called Vermillion Lies, achieving success with their own label and creating a name for themselves in the alternative music scene. In 2009, Boekbinder began to pursue a solo project with a sound she describes as “ragtime pop,” and continues to expand her audience by performing at the Alternative Café.

Her touring partner Alexander Thompson, playing under the alias The Alexanders, sits across and joins the conversation. They meet through a booking agent when they played a show together in Athens, GA, where they exchanged CDs and hit it off, resulting in their current tour together. He recorded his new album Western Medicine over the past year in his hometown of Chattanoogoa, TN. Thompson plays guitar, trumpet, and drums, and is preparing to perform his rockabilly folk music tonight.

Later, enjoying the comfort of the front row leather couch, I notice the room is filling up earlier than usual and feel feeling about the show. Before Boekbinder and The Alexanders are set to go on, an opening rock band from Oakland called Warbler takes the stage. Starting off their set with a chilled-out sound of ambient keyboards and electric guitar phrasing, they progress into a heavier, indie rock riff that turns them into a mix of the raw element of Daves and the electric element of Phoenix. The intro of their next song begins in a similar mood, leaving the drums out in order to sustain the mellow scene. However, the drummer should turn his snare off since vibrations from the amplifiers are causing his drum to rattle and take away from the energy of the performance.

I adorn the clear plastic back of the keyboardist’s setup, which allows the audience to look inside and see all of the synthesizers and mechanisms he uses. On one song, he uses these synths in cooperation with various foot pedals to create a soul-powered power. While the bass player plays a wild west-sounding line on his five-stringed Yamaha, the singer, Brent Smith, plays along with an electric distortion, with lyrical schemes like “fabulous James Bond franchise.” And he does not exclude his loves: alcohol, tobacco, women, fast cars and exotic places.

Howard Burnham was born in Bournemouth, England. He is of American descent. Six times great-grandfather, Thomas Burnham, was an attorney in Hartford CT in the 1670s; three times great-grandfather, Abner Burnham, served in the CT line in the Revolution and was pensioned in 1832. A nameake distant cousin was killed on day one of Chickamauga and his commanding battery Battery H 5th US Artillery.

The present Howard, a wintertime Pacific Grove resident, is noted for his entertaining and accurate historical and literary characterizations, which range from Shakespeare to Alfred Hitchcock by way of “Gentleman Johnny” Burgoyne, Winston Churchill and approximately thirty others. He works extensively with the National Parks Service, libraries, schools and churches.

The Ian Fleming portrayal will take place at The Works Book and Coffee Shop, 677 Lighthouse Ave, on Sunday, October 16 at 5:30 p.m. Admission: $10 at the door. For more information on Burnham see www.howardburnham.com.

Smile! at Santa Catalina

Don’t miss this hilarious Tony Award-nominated musical of intrigue and exploits, on stage and behind the scenes, of the fictional 1985 California “Young American Miss” pageant. The pageant is the year’s biggest event for Big Bob Freedman and Brenda D'Ambrosio, who give their all to put on a successful show. But Brenda is having marital difficulties, and Bob’s son is up to some mischief. Could this year’s pageant be in jeopardy?

Santa Catalina School Theatre Arts will present “Smile!” on Fri., Oct. 21 at 7:30 p.m., Sat., Oct. 22 at 7:30 p.m., Sun., Oct. 23 at 2:00 p.m. And Fri., Oct. 28 at 12:15 p.m. At Santa Catalina School Performing Arts center, 1500 Mark Thomas Dr. in Monterey.

For tickets, call the box office at 831.655.9341 or reserve tickets online at www.santacatalina.org. Advanced reservations recommended. \n
General admission: $12.00

Senior, student, military: $8.00

Children (12 and under): $4.00

All group rates. For more information please contact Roger Thompson at 831.655.9341.

Bond-Maker: Shaken not stirred

The lives and loves of Ian Fleming

It is 1964, the last year of the author’s life. On a final visit to his beloved United States, Ian Lancaster Fleming – embittered second son, athlete, bon vivant, womanizer, failed journalist, unsuccessful banker, wartime intelligence officer, and finally best-selling novelist – is promoting the upcoming third movie based on his James Bond novels, Goldfinger.

In this one-man characterization by Howard Burnham, Fleming reviews his eventful life – or rather lives: a drop-out at both Eton College and the Royal Military Academy, Sandhurst, his ‘salvation’ with private tutors in Austria, his early adventures in pre-war Stalin’s Russia, his wartime exploits under the original of ‘M’, his first visits to America and meetings with J. Edgar Hoover and ‘Wild Bill’ Donovan, his minor but memorable role in the establishment of the CIA, his love of Jamaica and the creation of his home ‘Goldeneye’, his marriage that led directly to the writing of Casino Royale and indirectly to the penning of Chitty-Chitty-Bang-Bang, and finally the creation of the fabulous James Bond franchise. And he does not exclude his loves: alcohol, tobacco, women, fast cars and exotic places.

Howard Burnham was born in Bournemouth, England. He is of American descent. Six times great-grandfather, Thomas Burnham, was an attorney in Hartford CT in the 1670s; three times great-grandfather, Abner Burnham, served in the CT line in the Revolution and was pensioned in 1832. A nameake distant cousin was killed on day one of Chickamauga and his commanding battery Battery H 5th US Artillery.

The present Howard, a wintertime Pacific Grove resident, is noted for his entertaining and accurate historical and literary characterizations, which range from Shakespeare to Alfred Hitchcock by way of “Gentleman Johnny” Burgoyne, Winston Churchill and approximately thirty others. He works extensively with the National Parks Service, libraries, schools and churches.

The Ian Fleming portrayal will take place at The Works Book and Coffee Shop, 677 Lighthouse Ave, on Sunday, October 16 at 5:30 p.m. Admission: $10 at the door. For more information on Burnham see www.howardburnham.com.
Rhonda M. Farrah, M.A.
Wellness Empowerment

As a Breast cancer Thrivor…that’s thriving Breast cancer survivor, this month – Breast Cancer Awareness Month, holds the memory of a diagnosis of breast cancer 6 years ago, as well as a variety of emotions, recollections, and personal insight and transformation for me.

Like the dis-ease I thought I’d never get!

If you don’t have your health, you don’t have anything! Winning/losing the fight with cancer, battle against cancer, ring a true reality throughout several aspects of my life both then, as well as now, years later. It remains in that light that I share my heart-felt thoughts with you today on the topic of Health & Well-Being as a determining factor for Happiness.

Being a long-distance runner for the last 36 years, an athlete of sorts, I usually feel indestructible. It’s an attitude that seems to let me challenge all…well, most…limits. My sense has been for years that women are the same when it comes to Health. Even the idea of breast cancer seems distant, an unlikely deterrent far down the road and decades from possibility. The reality is closer than most realize. …Trust and Believe, I know…as the results of a breast biopsy of positive was anything but music to my ears, and felt like I had gone to some surreal zone. In the United States alone, more than 250,000 women under age 40 are living with Breast cancer, and it’s the leading cause of cancer deaths in women age 15 to 54. Cancers in young women are generally more aggressive. The disease is usually diagnosed at later stages than with older women, and the survival rate is lower. That is an FYI…not a call to run one’s fear and doubt zones!

Women are natural attractors, of many things. Yet due to cultural programming, many women have lost their way, and we may end up approaching Life like a man would. The masculine program is all about goal-setting and goal-getting; this rarely works for women in the long-term. Instead, women must fill our cup first with what makes us come alive, and be immersed in a community of support, adventure, and inspiration. More than ever, NOW, it’s time for women to nourish and nurture themselves – not merely everyone else around them – for, from a cognitive-emotional standpoint – those old genetic thought patterns, it remains the absence and inability, the refusal of women to nurture, to serve Self, that lends itself dramatically to the incidence of breast cancer in women. It thoroughly remains my devout belief that the time has arrived for women to care for and nourish themselves with Love and with Joy. To understand that we are important…unique...enough...and...that we count! And then, we blossom… and attract Ease, rather than dis-ease! The Dalai Lama said that the world will be saved by Western Women; I think he was right. Stay tuned for that chapter!

However, as a Wellness Empowerment Coach and practitioner who has worked closely with women, first and foremost, it remains our privilege, as well as duty, to naturally desire to create and pursue the most health-filled and nourished Self...physically, emotionally, Spiritually, through our work and career, our relationship-ships, and society we can. This is essential for both our Health and Well-Being, as well as, our Happiness.

You’ve probably heard the quote, “An ounce of prevention is worth a pound of cure.” And when it comes to physical health, I think most doctors would agree. This is why primary care providers spend so much time talking about things like exercising, eating a balanced diet, and quitting smoking.

On the other hand, prevention is a radical new idea when it comes to our mental and mental health. In conventional medicine, we seem to focus on “mental health” only when there is a problem – depression, anxiety and addiction, for example. But we spend precious little time talking to people about Emotional Wellness.

The irony is that, in the end, most of us want to be Happy. And I think medicine has the assumption that if you’re not depressed, you must be happy — or at least “fine,” whatever that is.

But the road to Happiness is very different than the road to “not depressed.” On the road to “not depressed,” you can afford to coast, perhaps, as long as you don’t hit a major crisis or change in terrain. But the road to happiness requires one to be present for their own well-being. Contrary to what many people would tell you, people don’t just randomly “become Happy.” They work at it. They practice. They take care of their emotional health with the same attention others would give to their cholesterol or weight.

This is not to say that depression and other issues are necessarily the result of poor emotional care. I believe they are real illnesses, with real biology, and even the best-laid plans can go awry. On the other hand, if we are really interested in comprehensive and holistic prevention, it is essential that we pay attention not just to our physical health, but our emotional and mental health as well. That’s what I call identifying (IT’s always there when we practice Awareness), and tapping into our Authentic Power from within that will and does…indeed, determine our level of Health and Well-Being… and just how Happy we Truly are!

The good news is that medicine is changing. One proof is the emerging field of “positive psychology,” the study of what brings us Happiness, satisfaction and meaning in Life. Here are a few simple techniques that have been shown to promote positive emotions, including Happiness. I share them with you here:

Every night, write down three good things that happened during the day, and then write why you think they happened. Gratitude is a powerful way to help people move from focusing on the negative to the positive. In one small study, doing this daily for one week helped people feel less depressed, as well as physically and emotionally strengthened (I like to refer to that as Empowered) up to three months later.

Share good news, as often as possible. Encourage others when they tell you good news. One researcher found that every time we share good news, we reinforce those feelings in ourselves and in others. Our relationships also tend to be stronger and more positive. Yes…IT is important to share the joy of good news for you, too!

Focus on cultivating… One of the five following qualities: Love, Hope, Gratitude, Curiosity, Focus. As an example, one field of positive psychology lists 24 qualities described as character strengths. These five were found in one study to have the closest link to Life satisfaction. Yes… Living the Life You Desire…rather than a life of default!

Dream BIG… and don’t be afraid to take some small, baby steps to get there! At first, Go for satisfaction— Decide what the basic criteria are that you want to meet, and get the first option that meets those criteria. This approach can generate emotional energy, and any compromise on your Health and Well-Being in all ways! Our struggle or challenge is not that we might aim too high and miss the mark. More likely, we aim too low and hit the bull’s eye.

The promotion of mental and emotional well-being can legitimately be viewed as synergistic with the promotion of physical health. Perhaps, one of the most influential, pathways between positive outlooks, moods, and better physical health is health behavior. This has been found in the relationship between optimism and health. For example, individuals with positive views of aging tend to live longer.

Perhaps, practitioners, educators, coaches, as well as, physicians who give more attention to their own Happiness, satisfaction, and meaning in Life will be most likely to promote the same in their client and patient care. As an Educator/Wellness Empowerment Coach, I emphasize and welcome the opportunity to promote Emotional Wellness, as an important part of comprehensive care. The starting point is the recognition and adoption of the perspective that such an endeavor can…and arguably should…be a part of the Healthiest and Happiest one…that’s us…can BE!

There is “a mighty Power within you. There is that Spirit of Life, Light, and Love. The more you feast on these ideas and fast from old corrosive ones, the closer you experience the Life you desire.”

Frank Richelieu,
The Art of Being Yourself

Rhonda M. Farrah M.A., DRWA
Author, Speaker, Entrepreneur, Spiritual Teacher, and Educator… is dedicated to the practice of Health & Wellness Empowerment, assisting individuals in developing life strategies to help themselves. Rhonda’s Health & Wellness Empowerment Coaching includes programs that allow us to become as healthy, fit and trim…in body, mind and spirit…as we choose to be. Additionally, Rhonda serves as an Educator for an International Wellness Company advocating all Wellness…Personal, Physical, Environmental, & Financial Wellness…NOW!}

Rhonda M. Farrah, MA, DRWA
The Wellness Institute International
877-82COACH toll free 877-822-6224
rhonda@HelpMeRhondaNOW.com
www.HelpMeRhondaNOW.com
www.TheWellnessInstitute.tv
www.BlogTalkRadio.com/Wun-Luv-
Radio
www.TheWellnessInstitute.tv
www.HelpMeRhondaNow.com
rhonda@HelpMeRhondaNOW.com
www.HelpMeRhondaNOW.com
www.TheWellnessInstitute.tv
www.HelpMeRhondaNow.com
rhonda@HelpMeRhondaNOW.com
www.BlogTalkRadio.com/Wun-Luv-
Radio

Speak Up, The World Is Listening!

Transform your negative beliefs...transform your life.

Rabia Erduman, CHt, CMP, RPP, CST
Author of Veils of Separation
831-277-9029
www.welwewa.com
Transpersonal Hypnotherapy • Reiki
Craniosacral Therapy • Polarity Therapy
Nervous System Healing • Trauma Release
(C) Dr. Chakr Meditation, Relaxation, Meditation, Inner Guide

Veils of Separation
Finding the True You

Transform your negative beliefs...transform your life.

Rabia Erduman, CHt, CMP, RPP, CST
Author of Veils of Separation
831-277-9029
www.welwewa.com
Transpersonal Hypnotherapy • Reiki
Craniosacral Therapy • Polarity Therapy
Nervous System Healing • Trauma Release
(C) Dr. Chakr Meditation, Relaxation, Meditation, Inner Guide

Veils of Separation
Finding the True You
Ticket holders ride MST free to Laguna Seca this weekend

Monterey Salinas Transit (MST) will offer free bus service on all MST routes Saturday and Sunday, October 15 and 16, 2011, for Laguna Seca Raceway ticket holders to the Porsche Rennsport Reunion IV Races. Those holding race event tickets may ride the bus to and from the Laguna Seca Raceway at no charge. Non-ticket holders pay the regular MST fare. There will be no bus service to Laguna Seca on Friday, October 14, 2011.

• Line 37 Seaside-Laguna Seca, Line 38 Monterey-Laguna Seca and the Line 39 Salinas-Laguna Seca will operate Saturday and Sunday for this event. Line 37 Seaside-Laguna Seca will operate from the Embassy Suites Hotel, to Fremont and Canyon Del Rey, on to Casa Verde and Fremont, and down Garden Road before completing the trip to the raceway. Line 38 Monterey-Laguna Seca provides bus service from the Salinas Transit Center, serving South Main Street at Nissen before continuing on to the raceway.

• Lines 37, 38 and 39 will operate hourly Saturday from 8:00 a.m. - noon and 1:00 - 6:00 p.m. Sunday service will operate hourly from 8:00 - 11:00 a.m. and 2:00 - 6:00 p.m. Race fans should be aware of the periods during mid-day when there is no bus service to/from their locations.

• Line 36 Carmel-Laguna Seca will not operate during this event. Passengers may ride Line 5 Monterey-Carmel or Line 24 Carmel Valley Grapevine Express from the Carmel area and transfer to Line 38 Laguna Seca-Monterey at the Monterey Transit Plaza.

These bus lines are designed to make visits to Laguna Seca race events easier and more enjoyable, as well as to reduce traffic congestion. The Laguna Seca bus service conveniently boards and de-boards race fans inside the racetrack at turn five.

For more information and complete bus schedules, visit www.mst.org or call Monterey-Salinas Transit toll free at 1-888-MST-BUS.

Results of King City Cross Country meet

King City hosted Santa Catalina, Stevenson, Pacific Grove and Gonzales in a Mission Trail Athletic League Cross Country meet Thurs., Oct. 6.

In the boys division Sam Hales of King City won the individual race in a time of 16:38 followed closely by Addison Miller of Pacific Grove with a time of 16:40 and King City third with 44 points.

The girls race was won by Carolyn Bruckmann of Stevenson with a narrow win over Paige Silkey of Pacific Grove. Pacific Grove was an easy winner in a 4 way meet by 49 points and King City third with 44 points.

The girls race was won by Carolyn Bruckmann of Stevenson with a narrow win over Paige Silkey of Pacific Grove. Pacific Grove was an easy winner in a 4 way meet with Santa Catalina, Stevenson and King City.

Ben Alexander PGA Teaching Professional, Pacific Grove Golf Links

Big Sur Marathon replicates successful mile marker program for Half Marathon

The inspirational, motivational and humorous mile markers that debuted at the 25th Presentation of the Big Sur Marathon were such a success that the organization has commissioned a new set of 13 markers for the Big Sur Half Marathon on Monterey Bay, November 20, 2011.

The unique wooden cut-outs, designed by local muralist John Cerney, stand seven feet high and are individually designed to humor and motivate all participants along their 13.1 mile journey from downtown Monterey into Pacific Grove and back again. Many of the markers showcase local attributes such as Monarch butterflies, sea otters, a Victorian-dressed woman in running shoes, a seafaring ship captain, a John Steinbeck visage and more.

As with the marathon mile markers, many of the models include local runners and residents of the area.

To help offset the cost of the mile markers, each is sponsored by a local individual or business. Of the 13 produced, six are still available for sponsorship. The donor’s name as an individual or business will be painted on the sign for a period of three years for a one-time tax deductible cost of $1,000.

“IT's a great way to be seen by an engaged audience of 8,000 people,” says marketing director Julie Armstrong. “They all have a touch of humor... while providing a subtle advertising message.”

An acclaimed muralist, Cerney’s artwork can best be described as “giant cut-out art,” ordinarily viewed from the comfort of one’s automobile. Locally he has created commissioned and series of field workers (each 18 feet tall) located in the agricultural fields in Salinas, CA. Dozens of others can be seen throughout Monterey County on Cannery Row, along Highway 68 and 101, and in front of various businesses.

For further information on the Big Sur Half Marathon mile marker program call 831-625-6226 or email sally@bsim.org.

John Cerney and one of his cutouts, as printed in the New York Times.

Ben Alexander PGA Teaching Professional, Pacific Grove Golf Links

Golf Tips

I just returned from Los Angeles where I met up with my LPGA Tour Professional I teach Danielle Ammacapane. We have formed a company together where we conduct short game schools where we cover the short game from 40 yards in. We conducted our school at the Manhattan Beach Marriott facility, we had 12 students from all levels on ability and after we were done with the one day program, lunch and a few holes on the golf course with instructors, all had a great time and all the players got better quickly. My thought here is to relay to you that the short game from 40 yards in is the MOST important part of your golf game. That’s where you score and yes I know that the driver needs to be in the fairway and you must hit your irons well to get close to the green but you lose more strokes quicker from putting, chipping and pitching so practice your short game 2/3 more than the long game. Believe me it will really pay off.

Ben Alexander PGA Teaching Professional, Pacific Grove Golf Links
They ranged from Peter Silzer’s “Love Nest” (above, far left) through Dennis Tarmina’s “Log Cabin” (left) and Robert Rapp’s Chautauqua tent replica (below). Heritage homes for the birds came in every shape, size and color. The winner of Best of show and People’s choice was the three-tiered bird house (bottom row, far left) donated on behalf of a gentleman who had recently died, George Bosler. Mayor’s Choice was Rebecca Riddell’s Dr. Suess creation, while Mr. Brethauer’s wine cork-adorned creation took the judges’ Whimsical award.

Tweety never had it so good

Will any of them ever house feathered tenants? Hard to say, but at least one will go on display at City Hall — a replica of the Asilomar Whistle Stop by Steve Honneger was purchased by City Manager Tom Frutchey to be donated. The record price paid this year was $350 for Dennis Tarmina’s log cabin, but others went for as little as $25. All funds were to benefit the Heritage Society, mostly for their efforts to restore the Pt. Pinos lighthouse.

Photos by Peter Mounteer
Teen Space Grand Opening
Thursday Oct 20, 5pm.
Pacific Grove Public Library

A while back, the Pacific Grove Public Library’s then-librarian, Ashley Wright, applied for — and got — a grant in the amount of $21,600 from the Library Services & Technology Act with which the Library began to develop a Teen Space. They ran a survey online and in print, and with the results developed a 15-member Teen Advisory Board with teens from 12 to 15 years old, middle-school and high school-aged.

The youth have chosen furniture; there’s a comfy black sofa, a bright green chair, and a brash pink beanbag into which the kids can collapse and read to their hearts’ content. A black throw rug delineates the area from the rest of the library as does a moveable book case. It’s Decorating by Committee at its best. They wrote proposals and voted, and what we see is the result of their efforts.

There is a projector and a large movie screen, and a laptop with popular software.

They have also chosen programming: Authors’ Nights, Gaming Nights, Writer’s Workshops, a poetry club … and fund-raising events. A recent event saw Oliver Chin, an award-winning manga artist, engage the youngsters in drawing their own Japanese-style comic books.

The event was so popular that they are in the process of booking him again for a follow-up. Soon they will host an event with Melinda Lo whose books are popular with teen-aged girls.

In celebration of the library’s newly expanded Teen Section, Pacific Grove Public Library invites students ages 12 and up to see our new comfy furniture, neon signs, huge graphic novel section and more! Live music by The Clock Stoppers and a chance to try out our new Xbox Kinect on a giant movie screen, plus a ribbon-cutting by PG Mayor Garcia. See what cool stuff the library offers to teens, including the latest best-sellers, free Internet, homework help, and DVDs.

A space fit for a teen

Right, top: A comfy chair and a pile of Manga, stacks and stacks of teen-oriented library books and DVDs (and one errant seal puppet) make up some of the choices Teen Space board members made for the new area at the library.

Bottom, right, It Ate Chopsticks graces a bean bag where kids can flop to read a book.

Bottom: a trendy clock tells them when it’s time to go home.

Blessing of the Animals

In honor of St. Francis of Assisi, Canterbury Woods holds a Blessing of the Animals each year. The usual assortment showed up — owners in tow — to receive blessings this year.

During the ceremony a monarch emerged from its chrysalis and joined others stretching their wings. Various dogs tried to drink the holy water and taste the feather as it was used to bless them.

Helen Johnson—who brought the butterflies, won the gift basket provided by Cottage Veterinary.

Top, left: Clancy receives a blessing.
Bottom, left: Helen Johnson brought Monarch butterflies to be blessed.

Top, right: Vanessa seems to be entranced by the feather used to bless the animals, while Daphne, below, right, was just hoping to be petted.

Photos by Marley Knoles.
WANTED: Advertising Sales Representative

This is a commission-based position where the field is wide open!
Work in a happy office, make your own hours
Self-Starters and Independent Sorts Only!

We’re Pacific Grove’s adjudicated NEWSpaper
We distribute in Pacific Grove
New Monterey • Carmel
Carmel Valley • Seaside • CSUMB... The Peninsula is your oyster!

More ads = More distribution = More commission

Call Marge Ann
831-324-4742
Monday-Wednesday and Friday Leave a voicemail if no answer

Thinking

By Erika McLitus

STOP.

endless looping arguments, paradoxical logic traps leading to panicked fatalistic conclusions, misjudgments, brooding.
STOP.
you don’t know

everything w**o**n*d*e*r*f*u*l doesn’t just disappear even if THAT did.

trust.

choose to be optimistic because you want to be.
don’t smother the hope that’s fluttering inside, trying to twist a maybe into a certainty. believe
Opinion

Vote as it your life depended on it

Did you receive your absentee ballot yet? Many local people will vote in the next three weeks, before election day. If the past is any indication, many Pacific Grove voters will do it a few years ago to the current outrageous $404 million, and no one is talking about how it’s going to be financed and what we, the ratepayers, are going to have to shell out to take a shower and water the beugas, let alone add a second bathroom for Grandma or take her out to dinner. If we can do it in the current study it’s still the cheapest option.

We have a private water company with failing pipes. Are they waiting for the ratepayers to replace them? The delivery options for the Regional Water Project would seem to say so. And don’t kid yourselves, the public could not do any better job than an experienced utility, even with its aged infrastructure: We saw the results in Felton, when F.L.O.W. took over Cal Am, which had, in turn, purchased Citizens Utility. That didn’t last long. San Lorenzo Valley Water, which provides water for the rest of the San Lorenzo Valley, is now handling Felton’s water which they should have done all along.

But should all of our water be in one bucket, so to speak? No. We in Pacific Grove have become mired in endless discussions about other matters and have ignored the possibilities of new water that have been presented time and again. A grant-financed study years ago showed us we could get the old reservoir on David Avenue and, with concrete tanks, store enough water in peak season to get some things done around here. We were shown a spring box at a private residence below the golf course, an inexpensive solution that anyone sitting on the underground river here in Pacific Grove could adopt. Citizens have been approved, but how many of us have installed them? We’ve wondered all along why potable water was being used to water the golf course and cemetery when the MRWPCA has an idea to use recycled water around here. We were shown a spring box at a private residence below the golf course, and cemetery when the MRWPCA has an idea to use recycled water to water these two candidates can provide effective leadership to guide us safely to the next drought. Then, by all means, VOTE.

Jeffrey Wagner
Pacific Grove

Letters to the Editor

Cedar Street Times welcomes your letters on subjects of interest to the citizens of Pacific Grove as well as our readers elsewhere. We prefer that letters be on local topics. We do not publish unsigned letters or letters which defame or slander or libel. We reserve the right to edit letters for space constraints, so please be concise.

We will not publish unsigned letters or letters which defame or slander or libel. Cedar Street Times welcomes unsolicited, non-adjudicated newspaper public notices.

Opinion

Install the lights, and then see

Regarding the October 7 opinion letter “Has your voice been heard?”, if it is accurate that it would cost taxpayers an estimate of $40,000 to place a ballot vote about lighting on the golf club, I would recommend that the taxpayers pay the estimated $20,000 to put in the lights.

Then we can evalute in a real method, so we can determine the value fulfillment against the potential negative offset. If it is later determined that we should not utilize the lighting, we can turn them off. This would save half of the cost of the vote.

Jeffrey Wagner
Pacific Grove

Legal Notices

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20112109
The following person is doing business as LOCAL CLOTHESLINE, 141-106th St., Pacific Grove, Monterey County, CA 93950; Local Cloth LLC, 141-106th St., Pacific Grove, CA 93950. This statement was filed with the Clerk of Monterey County on Oct. 03, 2011. Registrant commenced to transact business under the fictitious business name and is authorized to use the above on N/A. Signed: Donia Garvin, Community Coordinator/Vice President. This business is conducted by a limited liability company. Publication dates: 10/14, 10/21, 10/28, 11/04, 11/11.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 201121078
The following person is doing business as YOUR WEDDING REALTORS. REAL WEDDING MENTORS, 141 106th St., Pacific Grove, CA 93950. This statement was filed with the Clerk of Monterey County on Oct. 10, 2011. Registrant commenced to transact business under the fictitious business name and is authorized to use the above on N/A. Signed: Tami M. Aresco. This business is conducted by an individual. Publication dates: 10/14, 10/21, 10/28, 11/04, 11/11.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 201121070
The following person is doing business as HONEY LIPS/SPAS + USA, 99 Ripple Avenue, Pacific Grove, Monterey County, CA 93950; Sheila M. Bilich, 99 Ripple Avenue, Pacific Grove, CA 93950. This statement was filed with the Clerk of Monterey County on October 4, 2011. Registrant commenced to transact business under the fictitious business name and is authorized to use the above on N/A. Signed: Sheila M. Bilich. This business is conducted by an individual. Publication dates: 10/14, 10/21, 10/28, 11/04.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 201121060
The following person is doing business as BACH’S HAIR + SPA, 3460 Del Monte Blvd., Apt. No. 10, Monterey, Monterey County, CA 93933; Cecilia Montague, 3460 Del Monte Blvd., Apt. No. 10, Monterey, CA 93933. This statement was filed with the Clerk of Monterey County on September 28, 2011. Registrant commenced to transact business under the fictitious business name and is authorized to use the above on N/A. Signed: Cecilia Montague. This business is conducted by an individual. Publication dates: 10/14, 10/21, 10/28, 11/04.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 201121028
The following person is doing business as FASHION TRAVEL, 354 Lighthouse Ave., Monterey, Monterey County, CA 93940; Irene Valdina Martinez, 27048 Crown Point Dr., Salinas, CA 93908. This statement was filed with the Clerk of Monterey County on September 23, 2011. Registrant commenced to transact business under the fictitious business name and is authorized to use the above on N/A. Signed: Valdina Martinez. This business is conducted by an individual. Publication dates: 10/14, 10/21, 10/28, 11/04.

FICTITIOUS BUSINESS NAME STATEMENT

File No. 201121028
The following person is doing business as FASHION TRAVEL, 354 Lighthouse Ave., Monterey, Monterey County, CA 93940; Irene Valdina Martinez, 27048 Crown Point Dr., Salinas, CA 93908. This statement was filed with the Clerk of Monterey County on September 23, 2011. Registrant commenced to transact business under the fictitious business name and is authorized to use the above on N/A. Signed: Valdina Martinez. This business is conducted by an individual. Publication dates: 10/14, 10/21, 10/28, 11/04.

Deadline for publication of Legal Notices is noon Wednesday before publication.

Call 831-324-4742 for details.

NOTICE OF PETITION TO ADMINISTER ESTATE OF CHRISTINE M. MISKIMON Case No. MP 0447
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of CHRISTINE M. MISKIMON
A PETITION FOR PROBATE has been filed by Mae Miskimon in the Superior Court of California, County of MONTEREY.
The PETITION for PROBATE requests that MAE MISKIMON be appointed as personal representative to administer the estate of the decedent.
The PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take any action, whether or not specifically required by the probate code, necessary for the administration of the estate.
Approval before taking certain important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.)
The independent administrator authority as granted an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING on the petition will be held on November 4, 2011 at 10:00 AM in Dept. 16, as set forth by an individual. Publication dates: 10/14, 10/21, 10/28, 11/04.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections to the petition and shows good cause why the court should not grant the authority.

You may examine the file kept by the court. If you request within 30 days of the filing of the petition, you may file a request for a copy of the record of the probate proceeding, the names of the probate claimants who filed claims against the estate, and any court orders entered against the estate.

You may file your request in the office of the Clerk of Monterey County at 400 Green Street, Monterey, CA 93940. Any request for a copy of a record of the proceeding or other information must be in writing. If you file a paper request, the original must be an original signed by you or by your attorney.

We will not publish unsigned letters or letters which defame or slander or libel. We reserve the right to edit letters for space constraints, so please be concise.

We will not publish unsigned letters or letters which defame or slander or libel. Cedar Street Times welcomes unsolicited, non-adjudicated newspaper public notices.
God’s Ears

Steadily making the rounds through the festival circuit is director Michael Worth’s “God’s Ears”, a film about the life of a love struck boxer living with autism. Worth, a Pennsylvania native with family roots on the Central Coast, wrote, directed, and starred in the film that will premiere next Saturday, Oct. 15 at 8:00 p.m. at the Carmel Sunset Center.

“God’s Ears” portrays a segment of the life of an autistic boxer named Noah Connelly (played by Worth), who yearns for connection beyond that which he achieves at the boxing gym. Noah spends his lonely days at the gym cleaning the floors, hoping for an opportunity to climb under the ropes and into the ring. Pretty simple—so far. Enter Alexia (played by Margot Farley) a self-isolating bikini dancer whose approach to love is hindered by a painful set of fears she has trouble facing. The game changes when these two isolated characters meet, realize they share a common struggle—solitude, and fall in love with one another. The relationship they form gives them the opportunity to face their own personal demons, both together and on their own.

The inspiration for “God’s Ears” came from a story Worth read about an autistic basketball player, who was put in the game and ended up scoring the most points in one game in the team’s history. Intrigued, Worth dug deeper and spent a lot of time with young adults on all areas of the autism spectrum. During his research, two isolated characters meet, realize they share a common struggle—solitude, and fall in love with one another. The relationship they form gives them the opportunity to face their own personal demons, both together and on their own.

The film has garnered top honors at New York’s Visionfest and recently won the Jury Prize for Best Film at both The Feel Good Film Festival and Route 66 Film Festival. Additionally, “God’s Ears” was the only US selection for Japan’s Good Film Festival and Route 66 Film Festival.

Worth also mentioned that “God’s Ears” is the first time he has experienced the potential of film as something more than just a way to win awards, promote one’s career or pay back investors. For Worth, the true value of “God’s Ears” and filmmaking itself lies in what the audience can walk out of the theatre with.

“God’s Ears” has performed well at other film festivals across the nation. The film will premiere next Saturday, Oct. 15 at 8:00 p.m. at the Carmel Sunset Center as part of the 2011 Carmel Art & Film Festival. Tickets will be on sale at the door for $10.

Peter Mounteer

Behind the scenes

The film will screen at the Youth Center Main of Carmel’s Sunset Center as part of the 2011 Carmel Art & Film Festival.

In a scene from God’s Ears, Alexia, right, watches with Candy (played by Karen Kim) for Noah to return. Noah is an autistic boxer; Alexia is a bikini dancer. Both struggle with issues of isolation until they find each other. The film will premiere at the Youth Center of Carmel’s Sunset Center as part of the 2011 Carmel Art & Film Festival.

This image is part of a page from the Carmel Art & Film Festival: God’s Ears. The festival is more than just a way to win awards, though it has done plenty of that. Worth, the true value of “God’s Ears” and filmmaking itself lies in what the audience can walk out of the theatre with. The inspiration for “God’s Ears” came from a story Worth read about an autistic basketball player, who was put in the game and ended up scoring the most points in one game in the team’s history. Intrigued, Worth dug deeper and spent a lot of time with young adults on all areas of the autism spectrum. During his research, two isolated characters meet, realize they share a common struggle—solitude, and fall in love with one another. The relationship they form gives them the opportunity to face their own personal demons, both together and on their own.

The film has garnered top honors at New York’s Visionfest and recently won the Jury Prize for Best Film at both The Feel Good Film Festival and Route 66 Film Festival. Additionally, “God’s Ears” was the only US selection for Japan’s Good Film Festival and Route 66 Film Festival.

Worth also mentioned that “God’s Ears” is the first time he has experienced the potential of film as something more than just a way to win awards, promote one’s career or pay back investors. For Worth, the true value of “God’s Ears” and filmmaking itself lies in what the audience can walk out of the theatre with.

“God’s Ears” has performed well at other film festivals across the nation. The film will premiere next Saturday, Oct. 15 at 8:00 p.m. at the Carmel Sunset Center as part of the 2011 Carmel Art & Film Festival. Tickets will be on sale at the door for $10.

Peter Mounteer

Behind the scenes

In a scene from God’s Ears, Alexia, right, watches with Candy (played by Karen Kim) for Noah to return. Noah is an autistic boxer; Alexia is a bikini dancer. Both struggle with issues of isolation until they find each other. The film will premiere at the Youth Center of Carmel’s Sunset Center as part of the 2011 Carmel Art & Film Festival.

Vote for Jeanne Byrne

Vote for Jeanne Byrne Nov. 8
Monterey Peninsula Water Management District Division 4
 Supported by individuals, organizations, and businesses that provide jobs for the community.

This image is part of a page from the Carmel Art & Film Festival: God’s Ears. The festival is more than just a way to win awards, though it has done plenty of that. Worth, the true value of “God’s Ears” and filmmaking itself lies in what the audience can walk out of the theatre with. The inspiration for “God’s Ears” came from a story Worth read about an autistic basketball player, who was put in the game and ended up scoring the most points in one game in the team’s history. Intrigued, Worth dug deeper and spent a lot of time with young adults on all areas of the autism spectrum. During his research, two isolated characters meet, realize they share a common struggle—solitude, and fall in love with one another. The relationship they form gives them the opportunity to face their own personal demons, both together and on their own.

The film has garnered top honors at New York’s Visionfest and recently won the Jury Prize for Best Film at both The Feel Good Film Festival and Route 66 Film Festival. Additionally, “God’s Ears” was the only US selection for Japan’s Good Film Festival and Route 66 Film Festival.

Worth also mentioned that “God’s Ears” is the first time he has experienced the potential of film as something more than just a way to win awards, promote one’s career or pay back investors. For Worth, the true value of “God’s Ears” and filmmaking itself lies in what the audience can walk out of the theatre with.

“God’s Ears” has performed well at other film festivals across the nation. The film will premiere next Saturday, Oct. 15 at 8:00 p.m. at the Carmel Sunset Center as part of the 2011 Carmel Art & Film Festival. Tickets will be on sale at the door for $10.

Peter Mounteer

Behind the scenes

In a scene from God’s Ears, Alexia, right, watches with Candy (played by Karen Kim) for Noah to return. Noah is an autistic boxer; Alexia is a bikini dancer. Both struggle with issues of isolation until they find each other. The film will premiere at the Youth Center of Carmel’s Sunset Center as part of the 2011 Carmel Art & Film Festival.

Vote for Jeanne Byrne Nov. 8
Monterey Peninsula Water Management District Division 4
 Supported by individuals, organizations, and businesses that provide jobs for the community.
Seasonal Haiga

pie a la mode
to hell with the diet
main course

Photo by Elaine Whitman; Poem by Neal Whitman

Annual Wild Game BBQ

Sunday, October 23 • 1:00 to 4:00 p.m.
At Carmel Valley Trail and Saddle Club
85 East Garzas Road
Carmel Valley

The Carmel River Steelhead Association holds this one event each year to support native steelhead trout rescues and river restoration. The wild game at the BBQ is made possible through donations from individuals and the California Department of Fish & Game.

Try
Wild Boar • Venison • Pheasant • Mad River Steelhead
Alaska Salmon • Dove • Quail • Wild Turkey • Albacore
Live Entertainment & Fantastic Silent Auction too!

Tickets
$40.00/adults • $20.00/youngsters under 16

Please contact Central Coast Fly fishing (831) 626-6586
Brian LeNeve 624-8497or Roy Thomas 625-2255
to buy your tickets

Maps at the PG Library

If a picture is worth a thousand words, a map must be worth ten thousand. And if that’s the case, the PG library has the equivalent of the Oxford English Dictionary in its map files. The map files are kept near the reference desk, and there are many maps available on microfilm. If you’re interested in learning more about the maps, a good place to begin your exploration is the light gray metal map case directly across from the reference desk. The maps there are full of information. For example, there is a Graphic Tidal Current Chart—San Francisco Bay, Golden Gate to Carquinez Strait and Dumbarton Bridge. This map illuminates the flow of the current two hours before maximum flood at Golden Gate, one hour before, maximum flood, one hour after maximum flood, two hours after and three hours after. Not everyone is interested in such information, but if you are, this map can provide information you may find priceless.

This map case also includes a number of topographical maps. For example, it has Yosemiti, Tuolumne Meadows, Lassen Volcano National Park, Merced Peak, and Mt. Whitney topographical maps. If you’re planning a hiking vacation and are undecided which area you prefer, these maps can help you choose a region best suited to your hiking abilities.

In fact, recently a man came in asking to see a topographical map of Big Sur. He said he had been offered a job as a census taker in Big Sur to follow up with people who have not yet responded to the request for census information. He wanted to look at the topography of Big Sur before deciding whether to accept the job. There is no word of his decision, but if he accepted the job, he knew he’s got some hiking ahead of him.

There’s even a topographical map of the Monterey Peninsula itself. Created by the U.S. Department of Army Corps of Engineers, the scale is 1:62500, with a contour interval of forty feet. Though the map is stamped as received May 28, 1982, the map indicates the topography was established by aerial photos taken in 1945. Even more practical, this map case includes a Monterey flood insurance map and a map of the earthquake epicenters in the Monterey Bay region. If you’re wondering how your house is situated with respect to the hazards of flooding and earthquakes, you’ll want to see these maps.

A beautiful, as well as informative, map regarding earthquakes is the map “A Century of Great Earthquakes: 1897-1996.” While most maps are in only two or three colors, this map is in full color. A red dot shows the location every major earthquake during that century (so, no, the New Madrid quakes of 1811-1812 are not included). The “ring of fire” around the Pacific Ocean is clearly visible. The earthquakes along the west coast of the United States begin in Alaska, move down the coast to San Francisco and Los Angeles, dot the west coast of Mexico, and continue into South America with quakes in Ecuador, Peru and Chile.

On the right side of the map, showing the east coast of Asia, the quakes begin in the Kamchakta peninsula, move down through the east coast of Japan into Taiwan, the Philippines, Indonesia, with one quake each in New Zealand, the Auckland Islands and the Macquarie Islands. Interestingly, there were no quakes at all during the century illustrated in South America east of the Andes, in Europe, in Africa or in Australia. If you are interested in earthquakes or have a child who is researching earthquakes, take a few moments to glean the information this map offers at a glance.

Each section of the map is also illustrated with small pictures of items of interest in the particular geographic areas—skyscrapers in New York, zebra in Africa. It’s well worth a look.

Local history buffs will find much of interest in the map case. There is a map of the City of Pacific Grove, compiled for Del Monte Properties from Surveys and official records by W.T. Moore, Licensed Surveyor in 1910. This map shows almost no development west of Pacific Avenue or South of Lighthouse, though there is development north of the then railroad tracks and along Ocean View Boulevard.

Even more recent maps contain intriguing information. One map, unfortunately not dated but estimated to be circa 1940, is particularly interesting for its ads. While the map sold for 25 cents, this particular map was apparently donated to the library. Stamped in purple ink “Ted K. Clark, 245 Alvarado St., Monterey 8108,” the map contains an ad for Mr. Clark which says, “When You Think of Insurance, Think of Ted K. Clark.” One wonders if there were a Ted M. Clark who also sold insurance.

The map shows just how small the population of the peninsula was—phone numbers in the ads are only four digits. Some of the enterprises are no longer with us such as the G.A. Good Yard on 17th St., but a descendant of Homer T. Hayward’s Lumber is.

Another map, solely of Pacific Grove, boasts that the city’s population is 6,000. Listed amenities of the city include, “municipally owned golf course, plunge, tennis courts, roque courts, night baseball. A $40,000.00 Public Museum. Public Library. Six public parks. Children’s free play grounds.”

If you’re thinking about current tax rates, you’ll want to avoid the 1964 map of Pacific Grove—it notes the tax rate is $7.91.

On microfilm, you’ll find the Sandborn Fire Insurance Maps from the early years of PG. The Sandborn maps were developed for local fire departments and show the footprint of the then existing buildings. These maps can be of great assistance for people who are interested in learning about the history of their lots and homes.

The library also has maps available for checkout. If you’ve ever been tied to your GPS, you know you don’t want it to be your only source of information. The library has maps of all of the fifty states, and these maps are available for checkout. For most of the states, the library also has tourist books available for checkout.

The next time you’re in the library, stop by the map case and explore its contents. You’ll find a lot of fascinating information...
The Green Page

Going electric

The Nissan LEAF™ Zero Emission Vehicle enters its second year of production

By Cameron Douglas

Things take time. The Nissan LEAF™, an all-electric zero-emission vehicle, spent 18 years in the planning and development stages before the first model was released in December 2010. It stands as a symbol of our advanced technology, and possibly, the future of private transportation. LEAF is an acronym for Leading, Environmentally friendly, Affordable, Family car. It seats 5 and sells for under $40,000 fully loaded.

Cedar Street Times stopped in at Cardinale Nissan in Seaside for a close look at their silver LEAF demonstrator. Cardinale has two LEAF Specialists, Edrick Baldwin and Lawrence Ocon. Luckily, both were on hand that day. After a quick check of the car’s battery power, Baldwin rolled it out front. He and Ocon explained how it all works.

When it comes to gadgetry, the LEAF keeps up with the best of them. Besides, Bluetooth® hands-free phone communication, it has remote keyless entry and a trip computer. The LEAF’s computer can be hooked up to your iPhone, and the car will help you locate charging stations. The SL model offers Nissan’s NavTraffic® on-board navigation system.

The dashboard readout takes some getting used to—unless you’ve owned a Prius. Instead of a gas gauge, there’s a gauge to tell you how many miles you have left before the battery power runs out. But the power consumption varies depending on the pressure from your right foot, so you have to keep an eye on that. To help you, there’s a little cyber-tree that grows as you drive. Drive conservatively, and new branches grow on the tree. Stuff your foot in it and the branches start falling off.

Under the hood, your eye is drawn to a large, shiny, transverse piece of metal that looks like the valve cover of a 4-cylinder engine, but it’s not. There are also some hose-like thingamabobs to help you feel at home, along with fluid reservoirs for the brakes and a coolant for the batteries. The car uses a separate, 12-volt battery for the navigation and radio.

In safety, the car makes no compromise. It hosts a total of six air bags, and two of those are packed in the sides of the front seats. In fact, Nissan advises against the use of seat covers because they will interfere with the function of those bags.

Nissan engineers are still working on the design and studying customers’ input and experience with the car. Future models are expected to have more range and use less power for climate control. For now, the Automatic Temperature Control system has a timer that can be set to minimize power consumption. For now, the Automatic Temperature Control system has a timer that can be set to use less power for climate control. For now, the Automatic Temperature Control system has a timer that can be set to use less power for climate control.

The LEAF claims a 100-mile range on a single charge. As promised, the electric motor delivers full torque instantly; and while that won’t produce a smoky burnout, it does push you back in the seat a little. There’s also a feature called “Eco Mode,” which reduces the torque output of the motor by about 15 percent and extends the range that same amount. Loss of power in Eco Mode is noticeable, but not bad, considering the car packs a pretty good wallop at full power.

The LEAF’s warranty covers the drive battery for 8 years/105,000 miles; 3 years/36,000 on all standard running gear; and 5 years/50,000 miles on the drive motor.

All this technology costs money. The 2012 LEAF SL model will carry a price tag of about $37,000. That’s a considerable sum for a five-passenger sedan, but other savings have to be considered. A gasoline-powered vehicle traveling 12,000 miles in a year at 30 mpg will burn $1,600 in gas at $4.00 a gallon. Obtaining a Nissan LEAF is an interesting process. These cars are produced on demand. You can only get the LEAF online: there is no colorful selection of LEAFs sitting beneath flap- ping plastic flags at any Nissan dealer. The dealers’ function in this case is to acquaint customers with a demo car and answer questions.

The first step in the process is to pay a $100 reservation fee for your LEAF. That gets a Nissan-certified electrician to visit your house for an assessment of what it will take in a 240-charge set-up. Those installations run between $2,200 and $2,400.

Many people are captivated by the car’s ability to charge from an ordinary 120V house outlet. However, to go from zero charge to full charge that way takes more than 20 hours. At what Nissan calls “standard charge” (240 volts), the same full charging process takes about 8 hours, and that is their recommended set-up. Most electric clothes dryers run off 220/240.

There are incentives to buying zero-emission vehicles. The IRS kicks back a $7,500 tax credit on the next year’s return. In California, there is an additional $2,500 credit while funds last. They won’t last long, Ocon said.

Come October 14, the Nissan LEAF will hit the streets. Customers are encouraged to lease the LEAF, says Ocon. “When a customer leases, they get that $7,500 back right away. They also have a better opportunity to trade it for a more advanced model when the lease runs out.”

So the all-electric car is here. It costs money and it saves money. The next step is infrastructure. If the plugs are standardized—that is, no manufactur- er uses its own unique charging port configuration—and enough homes and offices have the charging stations in- stalled (city and county offices can step up for this), then the demand will likely increase as fewer customers have to bear the cost of charging station installation.

In the end, it comes down to personal sacrifice. The LEAF, and other electric cars to follow, is best suited to local daily commute. You can’t just hop in a LEAF and cruise down to Pismo on an impulse. But if enough people are willing to trade in one gasoline-powered vehicle for an electric that gets them around town, and keep a gas vehicle on hand for towing, longer trips, etc., then a possible 50% reduction in tailpipe emissions is possible. Production and technology advancements will follow.

And if that can happen, then the amount of carbon in the atmosphere can be reduced to a safe level.

Will it happen? Time will tell.

See LEAF Next page
Carmel unveils electric car charging station

The 240 and 120 charge ports are in a small compartment in the front.

Motor: Nissan’s engineers have cleverly laid out the electric motor to resemble the familiar, cross-mounted, inline 4-cylinder engine normally seen under a car’s hood today. The big, lithium-ion battery lives under the back seat.

Panel: A photovoltaic panel in the rear spoiler recharges the 12V battery.

The LEAF has a decant-sized trunk that expands for cargo. The hatch opening measures 30” at the bottom and 40” at the widest. Nifty bag holds the 120 trickle charge cable.

Don’t blink or you’ll miss it. Off to the side of the parking lot at Sunset Center in Carmel, a diminutive machine sits waiting for its next customer. In a quiet first step toward a new tomorrow, Carmel-by-the-Sea unveiled the Blink, its first electric car charging station. Funding and project coordination came through the efforts of the Association of Monterey Bay Area Governments (AMBAG). Carmel Mayor Sue McCloud, Council Member Jason Burnett, and Project Manager Linda Beckle led the ceremony. Also in attendance were three potential customers: a Nissan LEAF™, a Chevy Volt and a red Tesla roadster, all of them electric cars.

The charging machine is a 240-volt unit, and is part of the Blink network of computerized charging stations. Standing less than five feet tall, it takes up less room than the permit dispensing machines. The unit has a long cord that can reach two or three vehicles, and signage is planned to reserve spaces for that purpose.

Instead of searching for gasoline, a computer or smart phone tells you where the nearest Blink station is. The electric car owner parks, connects the big cord to his or her vehicle (no juice runs at this point), and then swipes their Blink card. Directions appear on the screen and, once activated, electricity begins to flow. The machine shows when the charge is complete.

“Because California is more ‘green’ than other states, the impact of switching to electric cars here is much greater,” said Jason Smith, Area Manager for Ecotality, the company that manufactures and distributes the Blink. The charging machines are built in Michigan, and Ecotality engages local contractors to install them.

In this case, the job went to Regalado Electric of Aptos. How well does the Blink hold up?

“The plug is protected and the unit is quite weather resistant,” said Jason Smith, Area Manager for Ecotality, the company that manufactures and distributes the Blink. The charging machines are built in Michigan, and Ecotality engages local contractors to install them.

In this case, the job went to Regalado Electric of Aptos.

For the first couple of months, Carmel will foot the bill for the juice. After that, Blink will charge its members individually and reimburse the city for the electricity.

So far, 50 potential charging station sites have been identified in the Monterey Bay area. Regalado will install the next one at City Hall in Salinas. Another is scheduled for Main Street in Watsonville.